

THE

OFFICIAL MAGAZINE OF THE PARALYMPIC MOVEMENT

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# PARALYMPIAN

[www.paralympic.org](http://www.paralympic.org)

## Athlete

Centred Organization



**649** athletes from  
53 countries competed  
at the 2010 IPC Swimming  
World Championships in  
August



“Shooting, Swimming and Powerlifting are part of the Summer Games programme, and athletes were certainly competing this summer in preparation for the London 2012 Paralympic Games.”

Dear Readers,

On behalf of the IPC, I would like to welcome all of you to the second edition of The Paralympian this year! And as we have received a great amount of positive feedback on our new format, we hope to continue to give all readers a comfortable magazine experience.

We have just finished a summer of thrilling competition in Paralympic Sport. Most recently in August, the 2010 International Paralympic Committee (IPC) Swimming World Championships in Eindhoven, the Netherlands. I would like to thank the swimmers, volunteers, officials, partners and supporters for their contributions to this competition, which brought elite athletic performances into a region known for its European innovation.

The Pieter van den Hoogenband Swimming Stadium saw 649 swimmers from 53 different countries competing at the very highest level, showing Paralympic Sport fans why they are the world's best in Swimming!

We also had IPC World Championships in Powerlifting and Shooting. Athletes in IPC Shooting were in Zagreb, Croatia, to show off their precision and skills at the first major IPC competition to take place in the country. And in Kuala Lumpur, Malaysia, the biggest IPC Powerlifting event to date took place!

Shooting, Swimming and Powerlifting are part of the Summer Games programme, and athletes were certainly competing this summer in preparation for the London 2012 Paralympic Games.

Because awareness about the Paralympic Movement continues to grow, with competitions like these being broadcast around the world, more people are finding out about Paralympic Sport. Coverage of the IPC Swimming World Championships was broadcast in countries such as the Netherlands, Australia, Brazil, and Spain as well as on Great Britain's Channel 4, the official broadcaster of the London 2012 Paralympic Games. And to watch the action again, coverage is still available on the IPC's official internet channel [www.ParalympicSport.TV](http://www.ParalympicSport.TV)

In this issue, we profile another Paralympic Sport, IPC Athletics, with recent news from the Sport Technical Committee and the upcoming World Championships in New Zealand. Our main story covers the Athlete Leadership Summit this summer, with feedback from athletes and officials.

We also take a look at the National Paralympic Committee of Malaysia, and the work they have been doing with the Paralympic Movement over the years.

I hope you enjoy this issue!

Philip Craven

Sir Philip Craven, MBE  
IPC President







Enjoy this edition of “The Paralympian” – the official magazine of the Paralympic Movement!

## ATHLETE CENTRED ORGANIZATION 06

An in-depth look at the IPC and its continued focus on athletes within the Paralympic Movement

## SPORT PROFILE 12

An overview of IPC Athletics and a preview of the upcoming World Championships in New Zealand

## FUTURE GAMES 14

London 2012 announces the official Paralympic Mascot Mandeville to the world and its journey to promote the Games

## MEDICAL & SCIENCE 16

The World Anti-Doping Agency publishes its Observer's Report on the Vancouver 2010 Paralympic Winter Games

## EDUCATION & DEVELOPMENT 19

Wheelchair Initiative from Motivation provides new low-cost equipment for athletes

## NPC PROFILE 20

Malaysia's National Paralympic Committee brings its organization to new levels as it hosts numerous events for the Movement

06

Spain's Teresa Perales (left) is one of the athletes' voices on the Athletes' Council

The IPC Athletes' Council (AC) is the collective voice of Paralympic athletes within the IPC and the greater Paralympic Movement.

20



**PARTNERS & PATRONS****22**

Gold Patron Allianz holds a sporting event for its employees in Budapest, Hungary

**ATHLETE PROFILE****24**

Japan's Kuniko Obinata discusses her history in Alpine Skiing and the development of the Paralympic Winter Games

**NEWS IN SPORT****26**

IPC World Championships in Powerlifting, Shooting and Swimming fill the summer months

**PSTV – WHAT'S NEW****32**

A full programme of new videos on ParalympicSport.TV brings the action to any computer around the world

**PICKING THE VAULT****33**

Heidelberg 1972: Technology develops with the Games

**PARALYMPIC MOVEMENT****34**

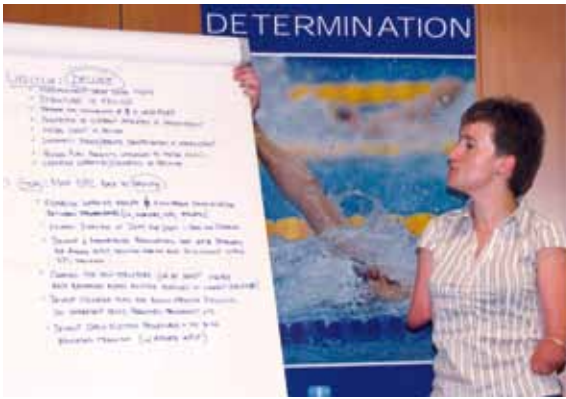
The African Paralympic Committee holds its first Executive meeting in Angola



# Athletes' Leadership Summit Accentuates Movement

Promotion of the Paralympic Movement is at the core of the IPC's aim as the organization continues to grow every year with each event and competition.





Athletes like Katarzyna Rogowiec (left) had the chance to voice their ideas to each other in Bonn

**B**eing the global governing body of the Paralympic Movement, the IPC is committed to enabling Paralympic athletes to achieve sporting excellence and developing sport opportunities for all persons with a disability from beginner to elite level.

This summer in Bad Honnef, Germany, just outside of Bonn where the IPC's Headquarters are located, the organization held its first Athletes' Leadership Summit which brought an extraordinary mix of athletes and representatives together in one place. A total of 22 athletes from 21 different countries attended the event, sharing a great amount of ideas and brainstorming possibilities for everyone to consider.

Chairperson of the IPC Athletes' Council (AC) Mr. Robert Balk was at the summit and said that the athletes who attended came prepared to work and learn.

"The athletes spoke out clearly that they were very thankful to be participating," Mr. Balk said. "The most obvious success is that I continue to get e-mails from athletes about their activities at home. Several are working with their National Paralympic Committee (NPC) to develop athlete representation models."

Mr. Balk said that the models do vary depending on the particular NPC, but the athletes are prepared to adjust as needed, with the goal of working together for the good of the athletes.

### Programme Details Inspire Development

The IPC Athletes' Leadership Summit took place from 25-27 June, with athletes representing 12 different Paralympic sports. Everyone in attendance took the opportunity to focus on the presentations by various speakers. The three-day programme also included group sessions on stakeholder and communication planning, board management and personal development, good governance in the Paralympic Movement, athlete representation, understanding the overall environment and milestone planning.

Vice Chairperson of the IPC Athletes' Council Katarzyna Rogowiec said that topics on milestone planning and strategic planning, stakeholders and the environment were most important to her.

"Not only was the knowledge there, but we had the chance to hear about the solutions that are in different parts of the world," Rogowiec said. "I felt like I was able to contribute by sharing my experiences during this long weekend. Even after the scheduled presentations, there were some discussions that continued about how to do different things."

Rogowiec said that the summit presented a fantastic opportunity to take much of the knowledge back to her home country of Poland and continue the inspirational thinking and motivation.

"I hope that I can start with small steps in Poland by first creating a kind of communication between athletes, and start building a Polish Paralympian network for the purpose of changing basic structure for example. By this I mean being more engaged on the athlete side in both the federation and sport, as well as entering more athletes on the administration side."

### Involvement From Athletes

Each topic had a specific outcome aim. For example, in focusing on athlete representation the aim was to develop an understanding of athletes' involvement, and how athletes can best help the structure of NPCs and their objectives. This session explored a relevant case and provided the basis for further discussion.

IPC Legal Counsel Mr. Mike Townley led the topic on athlete representation. Some of the questions explored under this topic were "How can an athlete's past experience aid the development and running of an NPC?", "What positions best suit their knowledge and experience?", and "How can the athlete develop and aid legacy through their environment?"

Rogowiec, who competes in the Paralympic Winter sports Biathlon and Cross-Country Skiing, said that she hopes to settle some rules and regulations on athlete representation back in Poland.





IPC Legal Counsel Mr. Mike Townley (left) reviewed good governance in the Paralympic Movement

“At the same time for me, when I finish my sporting career at the Sochi 2014 Paralympic Winter Games, I have my own kind of preparation,” Rogowiec said. “I can do something that will help me to enter the Paralympic Movement from a different side. Staying involved in something like sports management, because I have the knowledge, I can imagine being part of the Sports Ministry in Poland that governs Paralympic Sport, or other structures like the NPC or federation.”

### Creating New Experiences

As the IPC Athletes’ Leadership Summit was a new experience for everyone involved, many athletes were given the chance to not only voice their opinion, but listen to others from a completely different background and culture.

Japan’s Kuniko Obinata said that she had never experienced something like the summit before, and realized that it is very important for athletes like her to take back the discussions and knowledge to her home country in order to contribute to the Paralympic Movement.

“The IPC Athletes’ Leadership Summit focused on how we can all take a leadership role,” she said. “The important thing I can say is that maybe there is a difference in culture between here and in Japan, where the athletes are not really expected to get together and discuss issues like we did during the summit. And having the experience now, I have realized that this is quite important in Tokyo as well to discuss the challenges and issues that we all face together.”

### NPCs and Good Governance

During the summit, Mr. Townley also led the topic on Good Governance in the Paralympic Movement, aiming to develop an understanding of the structure of an NPC and its connection with the IPC. Some of the questions explored under this topic were “What is governance?”, “What are the possible structures an NPC can operate under?” and “Does one structure affect operations of an NPC?”

Japan’s Obinata said that there are several topics that she has in her mind regarding NPCs.

“I want to bring the ideas and other discussions to the Japanese Paralympic Committee, so that the athletes will have a chance to benefit from this gathering,” Obinata said. “One of the things I have in mind is about the responsibility of keeping open communication between the IPC and the NPCs. This sharing of information will bring the Movement forward.”

Representing the NPC in Hong Kong, China, Ying Ki Fung said that he came to the IPC Athletes’ Leadership Summit to gather information about the Paralympic Movement and listen to the voices of the athletes.

“We learned the characteristics of different people and how we can co-operate with our NPC, and how we can communicate with our National Paralympic Academy,” he said. “The summit presented a unique opportunity to show the roles of different people and how influential it all can be in Paralympic Sport. And this is something that will be done step by step.”

### Successful Outcome

The final afternoon of the IPC Athletes’

Leadership Summit saw a series of various group work and final presentations. Following the programme’s conclusion, participants had the chance to provide feedback on the entire experience, with questions and suggestions to give a full picture on everyone’s perspective.

Ying Ki Fung (left) receives participation award from IPC CEO Xavier Gonzalez





## ATHLETES' REACTIONS

"It was a really good programme. It was impressive to me and I hope we have more programmes to offer Paralympic athletes."

"It is important to create more awareness and involvement from athletes, and if you give them good tools like we got this weekend, they can be more effective."

"I now have a better understanding of reasons for good governance and demands on the NPC."

"Lifelong learning is something crucial for every person. This seminar helped me to develop myself a lot and not only for the purpose of leadership. It will help me to decide how to manage my career after sport."



IPC Athletes' Council Chairperson Mr. Robert Balk said that everyone involved could easily see how beneficial the experience in fact was for the future of the Paralympic Movement.

"We had such a diversity of athletes attending and representing many different sports, as well as many regions," Mr. Balk said. "This was very helpful as it provided the full range of perspective which the IPC as a whole faces. It allowed all participants to share in the realities, challenges, learning and best practices from various NPCs and use those experiences to take back with them to their own NPC."

The IPC Athletes' Council is the collective voice of Paralympic athletes within the IPC and the greater Paralympic Movement



Spain's Teresa Perales is one of the athletes' representatives

Mr. Balk continued, saying that the summit was the beginning of something very exciting.

“By helping athletes build leadership skills, the summit will develop a pipeline and a network of athletes who can join the Movement as more than just a competitor,” he said. “Many athletes leave the Movement after they have finished competing as they do not know how or where to get involved. This training programme will hopefully help retain some very talented and extremely passionate individuals to the Paralympic Movement.”

### IPC Athletes' Council Focuses on Leadership

With members of the Athletes' Council in attendance during the IPC Athletes' Leadership Summit, many had the same goal of providing information gathered to other athletes around the world. Throughout the AC's history, the same theme has in fact been kept in assuring that athletes do have a voice in the Paralympic Movement.

By definition, the IPC Athletes' Council is the collective voice of Paralympic athletes within the IPC and the greater Paralympic

Movement. As the liaison between the IPC decision-makers and Paralympic athletes, the Council works to provide effective input into decision-making at all levels of the organization.

The Council is composed of nine Paralympic athlete representatives, elected on four-year terms, and one International Olympic Committee (IOC) Athletes' Commission Representative. Six athletes are elected during the Paralympic Summer Games and the remaining three during the Paralympic Winter Games.



Norway's Eskil Hagen (right) was one of three athletes elected to the Athletes' Council in 2010

## Meeting in Madrid

IPC Athletes' Council members took the opportunity in early summer in Madrid, Spain, to discuss several athlete-related topics including reports from various meetings and events like the 2009 IPC General Assembly, the IPC Governing Board Meetings and the Athletes' Council election report from the Vancouver 2010 Paralympic Winter Games. Coming just before the IPC Athletes' Leadership Summit, this was the first meeting following the member elections during the Vancouver 2010 Paralympic Winter Games.

"Peace & Sport", whose mission is to promote sustainable peace by raising awareness about and educating youth about peace using the structuring values of sport, had representative Mr. Ludovic Hubler in attendance. Mr. Hubler gave a presentation on the role and function of his organization, which was followed by a discussion on how the Athletes' Council could contribute to a project in close co-operation with the IPC Development Strategy.

Also undergoing discussion was the re-inclusion of athletes with an Intellectual impairment at the Paralympic Games, as well as the usage of the term "Para Athlete". A specific outreach working group was created in order to develop a new name and strategy for the IPC Athlete Club.

Welcomed by Jaime Lissavetzky, Secretary of State for Sport, Antonio Montalvo, Director of the Spanish Sports Council, Miguel Carballeda, President NPC Spain, and Miguel Sagarra, Secretary General of NPC Spain, NPC Spain hosted the fruitful meeting in the country's capital.

For more information about the IPC Athletes' Council, please visit:

web  >> [www.paralympic.org/Athletes/Athlete\\_Council](http://www.paralympic.org/Athletes/Athlete_Council)

"Many athletes leave the Movement after they have finished competing as they do not know how or where to get involved. This training programme will hopefully help retain some very talented and extremely passionate individuals to the Paralympic Movement."



### MEMBERS OF THE ATHLETES' COUNCIL

- Robert Balk (USA, Athletics/Biathlon and Cross-Country Skiing)
- Katarzyna Rogowiec (POL, Biathlon and Cross-Country Skiing)
- Teresa Perales (ESP, Swimming)
- Marketa Sidkova (CZE, Archery)
- Eskil Hagen (NOR, Ice Sledge Hockey)
- Todd Nicholson (CAN, Ice Sledge Hockey)
- Yu Chui Yee (HKG, Wheelchair Fencing)
- Heinz Frei (SUI, Athletics/Cycling)
- David Smetanine (FRA, Swimming)
- Rania Elwani (EGY, IOC Athletes' Commission Representative)



The Athletes' Council meeting in Madrid included discussion on the term "Para Athlete"





## SPEED AND POWER

Crowds make their way to competitions in Athletics because of the speed of a sprinter, the strength of a thrower, the power of a jumper and the endurance of a distance runner. Track and field events at the Paralympic Games attract the largest number of athletes and spectators. Athletes compete according to their functional classifications in each event, and these events are continually being redefined to include as many participants as possible.



# Athletics

## From the Movement's Beginnings

Athletics has been part of the Paralympic Games since the very beginning in 1960 in Rome, Italy. This was the first time the Paralympic Games were put together and assembled to be equivalent to the Olympics, and hosted in the same city. The 9th Annual International Stoke Mandeville Games in 1958 (the term "Paralympic Games" was only approved by the International Olympic Committee later in 1984), became the forerunner which Paralympic Movement founder Sir Ludwig

Guttmann and Director of the Spinal Centre at the Italian institute INAIL Antonia Maglio helped to organize.

Going back farther, the first organized

Athletics competitions began in 1952 when Wheelchair Racing was included in Stoke Mandeville, Great Britain, within the framework of the Games organized for World War II veterans. Today, Athletics is practiced in more than 100 countries around the world and governed by the IPC with co-ordination from the IPC Athletics Sports Manager and Technical Committee. The Paralympic Sport continues to bring thousands of participants onto the field of play each edition of the Paralympic Games.

As Athletics involves the largest number of male and female athletes and the largest number of events on its competition programme, many rules exist regarding the various types of equipment which is allowed to be used. For example, the dimensions and features of wheelchairs are clearly specified in the IPC Athletics rules, as well as certain assistive devices.

## Committee Forwards Organization and Development

The Sport Technical Committee (STC) for IPC Athletics continues to assure the highest standards of organization as the Paralympic Sport sees evolution in performance, technology and participation. Following this, the STC for Athletics meets regularly in order to maintain the sport's offering of competitions and events globally.

In June, the IPC Athletics STC met in Bonn, Germany, to discuss and review the upcoming programme, including the 2011 IPC Athletics World Championships in Christchurch, New Zealand. A review of the competition cycle for the World and Regional Champion-

ships also took place, with a discussion of potential host cities. Additionally, it was decided to extend competition properties to Junior/Youth Championships and Indoor World Championships.

The IPC Athletics STC noted that the number of approved competitions has increased, with 65 competitions approved in 2009 and 350 competitions approved in 2010. Following this, the competition fee structure for 2011 and beyond was reviewed.

## Upcoming World Championships

Organizers and athletes are counting down the days until the 2011 IPC Athletics World Championships in Christchurch, New Zealand, which are in their final preparation stage. Taking place from 21-30 January 2011, the World Championships are expecting more than 1,300 athletes, most of whom will have



Officials visiting Christchurch venue

the ambitious goal of competing at the London 2012 Paralympic Games.

For the first time, the Championships will be held outside of Europe, which is an important milestone not only for IPC Athletics, but for New Zealand and the Paralympic Movement. The legacy to be left in Christchurch will bring increased participation from people with a disability into sport for the country. Additionally, the Paralympic Movement will leave a lasting impression in New Zealand for the entire world to see.

The Opening Ceremony and competition will be held in the Queen Elizabeth II (QEII) Stadium, which was originally built for the 1974 Commonwealth Games. The massive structure is an impressive multi-sport and leisure complex with seating for up to 15,000 spectators. One more 400m track is being built, which has eight lanes and various throwing facilities to be used for training prior to and during the event.

For more information about the 2011 IPC Athletics World Championships, please visit:



>> [www.ipcathleticsworldchamps.com](http://www.ipcathleticsworldchamps.com)

For more information about IPC Athletics, please visit:



>> <http://ipc-athletics.paralympic.com>



# Go, Mandeville!



London 2012

Paralympic Mascot on the Road

Mandeville was officially unveiled early this summer by the London 2012 Organizing Committee of the Olympic Games and Paralympic Games (LOCOG) as the Paralympic Mascot for 2012. Within one week of the launch, Mandeville made a special visit to the 2010 BT Paralympic World Cup in Manchester, Great Britain. The Paralympic Mascot appeared during the 'Super Friday' of the BT Paralympic World Cup starting on 28 May in the Manchester Regional Arena.

On hand to cheer on the athletes in Wheelchair Basketball and Football 7-a-Side, Mandeville was a welcome addition to the competition.

Mandeville's name is inspired by Stoke Mandeville Hospital in Buckinghamshire, England, where in the 1940s, Dr. Ludwig Guttman set up a new spinal unit to help former soldiers suffering from spinal cord injuries.

The mascot will form a key part of LOCOG's 'Get Set' education programme. Mascot themed resources available for registered schools developed over the coming months. Pupils will be able to follow Mandeville's progress, making its way in the world, learning about the Paralympic values.

An online tool will also enable people to create their own version of Mandeville, giving the public an unprecedented opportunity to engage with the Paralympic Mascot. Over the next two and a half years, further versions will be regularly featured on the London

2012 website and special edition collectables and toys will be made available for sale.

For more information about the Paralympic Mascot, please visit:

web >> [www.london2012.com/mascots](http://www.london2012.com/mascots)

Largest Sponsorship Ever  
With Sainsbury's

**Sainsbury's** The British supermarket chain Sainsbury's has been appointed by LOCOG as its first Paralympic-only sponsor, becoming a Tier One Partner of the London 2012 Paralympic Games. This historic commitment to the Paralympic Movement is the largest sponsorship ever of a Paralympic Games.

Sainsbury's will work with LOCOG between now and 2012 as it seeks to deliver a spectacular sporting showcase for the world's greatest Paralympic athletes. Sainsbury's will utilize its network of over 850 stores to help promote the Paralympic Games in the run up to 2012 and will make Paralympic Games and ParalympicsGB merchandise available across the UK. As part of its commitment to LOCOG, Sainsbury's will run a media campaign in 2012 to support the Paralympic Games. At the same time, colleagues of the super-market will have the opportunity to be transferred to LOCOG.



Mandeville promotes the London 2012 Paralympic Games

Limited branding is permitted on the field of play at the Paralympic Games and Sainsbury's will be one of two Partners to have a presence on athletes' bibs, as well as in and around key venues at Games-time.

For more information about the London 2012 Paralympic Games, please visit:

web >> [www.london2012.com](http://www.london2012.com)

Mandeville's name is inspired by Stoke Mandeville in Buckinghamshire, where in the 1940s, Dr. Ludwig Guttman came to Stoke Mandeville Hospital to set up a new spinal unit to help former soldiers suffering from spinal cord injuries.







## Sochi 2014

IPC Academy Education  
Coming to Russia

Sochi 2014 together with the IPC have signed a memorandum of understanding (MOU) in regards to the delivery of the Sochi 2014 Excellence Programme, a tailor made education programme to assist future organizing committees to deliver Paralympic Games of the highest level. The IPC Academy, IPC's education arm, will co-operate with the Russian International Olympic University (RIOU) for the local delivery of this programme.

The objectives of the Sochi 2014 Excellence Programme go even beyond 2014, as it will help to create a lasting legacy of leaders locally, and support the ongoing development of sport, and in particular, Paralympic Sport. This programme will also contribute to the economic growth and global profile of Sochi and the region around it.

The programme itself involves 10 specific modules based on the needs of the Organizing Committee delivered by the IPC Academy with local partners and IPC experts. Dmitry Chernyshenko, President and CEO of Sochi 2014, said that Russia's first Paralympic Winter Games will be a catalyst for major changes in the country.



Signing of the memorandum of understanding

"This will not only include having facilities and infrastructure that meets the needs of people with a disability but also change the Russian public's attitude towards disability," he said. "The knowledge and experience that the IPC has shared with us will be incredibly useful in achieving our ambitious goal."

**"The IPC Academy, IPC's education arm, will co-operate with the Russian International Olympic University."**

Mr. Chernychenko also said that the Excellence Programme is a very important part of the human resource development programme and clearly links with Sochi 2014's vision in the establishment of the RIOU to partner in the development and delivery of sports education.

The IPC Academy applies a unique learning format described by the Academy's Director Chris Solly: "We take a client focused approach to learning requirements with programmes such as "excellence" that is tailored to the needs of the partner and where appropriate linked to their current work flow requirements".

The first module was delivered in September 2010.

More information about the Sochi 2014 Paralympic Games, please visit:

web >> [www.sochi2014.com](http://www.sochi2014.com)



## Rio 2016

Co-operation Deal Imports  
Games Experience

The International Olympic Committee (IOC) Co-ordination Commission for the Rio 2016 Olympic and Paralympic Games has ended its first visit to the Brazilian host city with a full schedule of events. Taking place from 18-20 May in Rio de Janeiro, Brazil, the Plenary Session saw an update on the relationship with International Federations, the venue design approval process, the collaboration with National Federations and the preparations for Team Brazil.

Additionally, plans on communications in the upcoming year were also discussed.

Representing the IPC during the visit was commission member and IPC Vice Presi-

dent Greg Hartung, who said that he experienced very informative meetings over the three full days and that it was great to see that the organizing committee is considering Paralympic topics from the beginning.

"We are looking forward to working very closely with Rio 2016 in the future," he said.

During the meetings, the commission together with the Rio 2016 organizing committee and local authorities also had an update on Rio's plans and progress for the 2016 Games. Visits to the future venues were also included, for example to the Rio Arena, where some of the commission members tried out the basketball court.

In connection with the commission's visit, a Paralympic Orientation Seminar was also held to discuss the challenges and organization operations of the Rio 2016 Paralympic Games.



IPC Vice President Greg Hartung (top) reinforced Paralympic topics during the visit

For more information on the Rio 2016 Paralympic Games, please visit:

web >> [www.sochi2014.com](http://www.sochi2014.com)

# Anti-Doping in the Paralympic Movement



## 'Spirit of Sport' remains most important value for everyone involved

### Doping

The personal and financial rewards of modern sport can create unhealthy desires to win at all costs, also in the Paralympic Movement. To gain a competitive advantage, some athletes therefore find their way to so-called ergogenic aids, which enhance sporting performance beyond that attainable through genetic ability and sustained training. Ergogenic aids include pharmacological (e.g., performance enhancing drugs) and physiological (e.g., blood doping) supplies, commonly referred to as "doping".

### World Anti-Doping Code

To ensure a level playing field, anti-doping falls under the jurisdiction of sports governing bodies, including the IPC and its member Paralympic Sport federations, who have agreed to abide by the rules established by the World Anti-Doping Agency (WADA) and its World Anti-Doping Code (WADC).

WADA was created in 1999 because the International Federations and the International Olympic Committee (IOC) realized that the war against substance abuse could not be won by sport alone. The IOC invited the governments representing countries with athletes at the Games to join the fight. Following this, the sports federations and the governments together set up an independent authority named WADA.

After a wide consultation round with all stakeholders involved, WADA approved the WADC in 2003 "to protect the athletes' fundamental right to participate in a doping-free sport and thus promote health, fairness and equality for athletes worldwide, and to ensure harmonized,

co-ordinated and effective anti-doping programmes at the international and national level with regard to detection, deterrence and prevention of doping". The fundamental rationale of the WADC is that anti-doping programmes seek to preserve what is intrinsically valuable about sport. This intrinsic value is often referred to as 'spirit of sport'. The spirit of sport is characterized by ethics, fair play and honesty, health, excellence in performance, respect for rules and laws.

### IPC Anti-Doping Code

As a stakeholder of WADA, the IPC has developed, accepted and implemented the IPC Anti-Doping Code as the anti-doping rules for the Paralympic Movement. This implies that the IPC Membership adheres to this code, and that this code applies to all IPC Sanctioned Events and Competitions (all competitions that fall under IPC jurisdiction, including Paralympic (Winter) Games, specified Regional Games and competitions, all sanctioned competitions in IPC Sports).

The current version of the IPC Anti-Doping Code can be retrieved from section two of the IPC Handbook at:

web >> [www.paralympic.org/IPC/IPC\\_Handbook](http://www.paralympic.org/IPC/IPC_Handbook)

Because the many combinations and/or doses of performance enhancing substances and/or methods used by athletes who 'dope' have never undergone official trials, for an athlete to enter into doping is to accept being a guinea pig and to risk adverse effects of unknown nature and unknown gravity.

### Anti-Doping Rule Violations

The WADC (and IPC Anti-Doping Code) lists a series of circumstances and conducts that constitute an anti-doping rule violation (WADC Article 2). These are related to classes of pharmacological substances (articles 2.1. and 2.2; presence or use of a substance) or mechanisms of action (articles 2.3 to 2.8, e.g., refusal to deliver a sample, tampering, trafficking, repeated failure to submit whereabouts information). Whereas in the past most anti-doping rule violations typically occurred as a consequence



Cross-Country athlete Liudmila Vauchok from Belarus with one of her gold medals



Anti-doping falls under the jurisdiction of sports governing bodies, including the IPC and its member Paralympic Sport federations who have agreed to abide by the rules established by WADA and its World Anti-Doping Code (WADC)

of 'presence of a prohibited substance in an athlete's sample' (blood or urine), increased attention is now given to control for anti-doping rule violations due to use of substances or inappropriate mechanisms applied by athletes to get around testing by sample collection.

## Doping Control

Athletes may be selected for doping control at any given moment in time, both in-competition as well as out-of-competition, and without any advance notice. As soon as the athlete is notified of selection for doping control, he/she will have to proceed with the sample collection immediately. As described above, refusal to proceed may lead to an investigation of anti-doping rule violation.

Athletes are entitled to a representative assisting him/her throughout the administrative processes, and should receive a copy of all paperwork at the end of the procedure. The WADC International Standard for Testing foresees the modifications of testing procedures for athletes with a disability (Appendix B). Athletes and their support personnel should familiarize themselves with the International Standard for Testing and the modifications ([www.wada-ama.org](http://www.wada-ama.org) > World Anti-Doping Program).

The doping control officer and his/her organization are responsible to send the samples to a WADA accredited laboratory and to submit the paperwork to the anti-doping organization that authorized the testing. In accordance with the WADC, only WADA accredited laboratories are entitled to analyze samples for anti-doping organizations. The laboratory reports test results to the organization that authorized the testing with copy to WADA and, in the case of a positive lab result, to the concerned International Sports Federation.

## After Positive Testing

Once a laboratory has reported a positive test result to the relevant anti-doping organization, a result management process is initiated. This result management process makes up the major part of any anti-doping code and ensures that standardized and harmonized processes are followed throughout the sports community.

The following main steps are part of the result management process:

- 1** An initial review determines if an applicable Therapeutic Use Exemption (TUE) has been granted or will be granted as provided in the International Standard for TUEs, or whether there is any apparent departure from the International Standard for Testing or International Standard for Laboratories that caused the adverse analytical finding.
- 2** Disqualification of the athlete from the event in which the doping control leading to the positive test result occurred and eventual provisional suspension of the athlete.
- 3** Organization of the B-sample analysis and hearing, if not waived by the athlete.
- 4** Dismissal of the case, or sanctioning of the athlete by imposing a period of ineligibility and eventual financial sanction.



IPC President Sir Philip Craven checks out WADA's Athlete Outreach Programme at the Vancouver 2010 Paralympic Winter Games



It is only from the moment that the athlete accepts the anti-doping rule violation or, in view of the anti-doping organization, is not able to provide satisfactory explanation to the facts that constitute the investigation, that a positive lab result is considered an anti-doping rule violation. Until that time, the findings are reported as 'adverse analytical finding' or 'atypical finding', and the athlete is subject to a 'possible' anti-doping rule violation.

### Prohibited Substances and Methods

There is a single List of prohibited substances and methods, which is published by WADA. This List (WADC Prohibited List) applies to the Paralympic Movement (and beyond) and is revised every year.

The inclusion of substances and methods on the Prohibited List is the result of a wide consultative process and review of all available scientific literature.

Three criteria under which a substance or method can be considered for inclusion on the Prohibited List:

- 1 Enhances performance
- 2 Poses a threat to the athlete's health
- 3 Violates the spirit of sport

**The prohibited substances (and methods) are classified in pharmacological groups. Further subdivision is made for substances and methods that are prohibited only in particular sports, and to distinguish substances that are prohibited out-of-competition from those prohibited in-competition.**



Anti-doping agencies, including the IPC and its membership, have a responsibility to ensure that athletes and their support staff are provided with updated and accurate information on at least the following issues:

- Substances and methods on the prohibited list
- Health consequences of doping
- Doping control procedures
- Athletes' rights and responsibilities

Italian Athletes Hansjorg Lantschner and Christian Lanthaler

An overview of the prohibited substances and methods under the WADC Prohibited List is provided on the WADA website at [www.wada-ama.org](http://www.wada-ama.org) – World Anti-Doping Program.

### The Athlete's Responsibility

Under the strict liability principle that is key to all anti-doping rules and regulations and that is adopted by the WADC signatories (all sporting bodies that accepted the WADC), the athlete and only the athlete is responsible for whatever substance found in his/her body, independent of an intentional or unintentional intake.

Therefore, besides properly educating him/herself, it is of utmost importance that the athlete has full confidence in his/her (team) physician and coach who must have a clear knowledge on the status of pharmacological substances and techniques as well. WADA has developed a set of tools to assist stakeholders (athletes, coaches, physicians, etc.) with their anti-doping education needs.

An overview can be retrieved from the WADA website ([www.wada-ama.org](http://www.wada-ama.org)) in the section 'Education & Awareness'.

## Motivation's Programme Introduces New Sports Wheelchairs

### Athletes Find a Way Into Paralympic Sport Together with IWBF and ITF

The international disability and development organization Motivation has developed an affordable sports wheelchair to encourage participation in wheelchair sports. Based in the United Kingdom (UK), for nearly 20 years Motivation has been designing and providing wheelchairs that are appropriate for people with a disability living in developing countries, often with challenging climates and local terrain.

Motivation's Sports Wheelchair has been ergonomically designed according to the International Wheelchair Basketball Federation (IWBF) regulations and in conjunction with the International Tennis Federation (ITF). There are two models, the "Spin Off" for Wheelchair Basketball and the "Quick Hit" for Wheelchair Tennis players.

Recently, a number of different roadshows with the wheelchair have been attended, such as the Mobility Roadshow. Following this, positive feedback from users has been received with regard to manoeuvrability and affordability.

Motivation has sold the chair in countries such as Afghanistan, Uganda, Brazil and the UK. And with an average price of USD240, the sports wheelchairs are now more affordable.

### Wheelchair Origin with the IPC

The Sports Wheelchair came about some years ago when the IPC brought together IWBF and ITF for the initiative. Some Paralympic sports rely heavily on equipment and therefore, to compete on a level playing field with teams that have all the facilities, access to affordable high quality wheelchairs is essential.

This initiative was an idea of both Motivation and the IPC, with the IPC making the connection with IWBF and ITF. The goal was to design a high quality sports wheelchair that would be affordable in a developing country. As well a team of talented designers who are used to working in tough conditions with limited resources, Motivation was able to call on the experience of one team member in particu-

lar. Jen Howitt Browning (USA), a member of Motivation's international programme team, is a Paralympian who won a gold medal at the Athens 2004 Paralympic Games. Now based in the UK, and part of the coaching team for Great Britain's Wheelchair Basketball team, Ms. Howitt Browning was able to pour her many years' experience into the design process.

### Design Basics

Most sports wheelchairs are made of lightweight aluminium or titanium, which are relatively expensive materials. Motivation's sports wheelchair uses a rigid tubular steel frame, which is less costly and has enabled Motivation to seriously drive down the price of the chairs.

Stylish and affordable, the sports wheelchair is ideal for individuals or sport clubs that plan to explore the world of sport from grassroots to competition level. With the "Quick Hit" or "Spin Off", a sport club can purchase several low-cost chairs instead of one higher-priced chair and introduce far more people with a disability to wheelchair sport.

### Paralympian Ambassador's Testimonial

Great Britain's Tanni Grey-Thompson DBE, a Paralympian who has 11 gold medals to her name, said that one of the biggest barriers to wheelchair sports is the cost of the equipment.

"Many sports wheelchairs are designed for the elite market," she said. "This means that wheelchair users can be put off trying a new sport (because their day-to-day wheelchair is not suitable) or they face a huge price-tag for an expensive piece of equipment before they have even decided if they like the game!"

The Paralympian Ambassador said that Motivation's Sports Wheelchair enables people all over the world to be active which in turn gives them more opportunities to improve their quality of life.

"The chairs are a fraction of the cost of many of the sports chairs I have seen, whilst still maintaining a good quality for the demanding sports environment," she said.

For more information about Motivation, please visit:

web 

>> [www.motivation.org.uk/sports](http://www.motivation.org.uk/sports)



The sports wheelchair is ideal for individuals or sport clubs that plan to explore the world of sport from grassroots to competition level





IPC President Sir Philip Craven together with the Prime Minister of Malaysia, the Right Honourable Dato' Sri Mohd Najib bin Tun Haji Abdul Razak (centre) and Dato' Zainal Abu Zarin at the official opening of the IPC Congress in Kuala Lumpur



# Malaysian Paralympic Council

National Committee Promotes Active, Healthy Lifestyle



Honourable Tun Jeanne Abdullah visits the Paralympic Park at Taman Bukit Jalil



**THE PARALYMPIAN** had the chance to profile Malaysia's committee about its past, present and exciting future.

## INTRODUCING THE MALAYSIAN PARALYMPIC COUNCIL (MPC)

The organization aims to fulfil the aspirations and dreams of athletes with a disability in "Sports For All" and "High Performance Sports" programmes. Alongside every programme and initiative is the instilling of the sports values of courage, determination, dedication and fairplay through the Paralympic Movement.

President Dato' Zainal Abu Zarin said that the challenge for the MPC, not just at present but over the long term, is to ensure consistency and sustainability in government policy. The

hope is that the Paralympic Movement will capture the imagination of the present generation of youth and those in future, by making them aware, conscious and sensitive to the rights and aspirations of athletes and persons with a disability.

## HOW DO THE PEOPLE OF MALAYSIA SEE THE PARALYMPIC GAMES AND ATHLETES WITH A DISABILITY?

Each initiative has helped to reshape how the Malaysian public now view the Paralympic Games and athletes with a disability. Seeing the strong performances from these athletes at international competitions, and the management of the MPC, the Malaysian government for example has not held back from giving due recognition to the Paralympic Movement.



Athletes with a disability now have equal status as their able-bodied counterparts in Malaysia with respect to financial recognition and awards. The MPC on the other hand, has been granted access to all of the government's sports programmes, funding, facilities and services such as the National Sports Council, National Sports Institute, Ministry of Youth and Sports Malaysia, Ministry of Education and Ministry of Women, Family and Social Development.

#### HOW DID HOSTING THE 2009 IPC GENERAL ASSEMBLY AFFECT THE PUBLIC?

Along with the staging of the 9th Far East and South Pacific Games for the Disabled (FESPIC) Games in 2006, the 2009 IPC General Assembly in Kuala Lumpur brought about a new sense of awareness of the Paralympic Movement for athletes and persons with a disability in general, and to Malaysians in particular.

With the strongest possible media and government backing for the first time ever, both events threw the spotlight on just how far the MPC has come in its quest to improve the status and image of athletes and persons with disabilities in the country.

#### DESCRIBE THE EXPERIENCE OF MALAYSIAN ATHLETES AT THE BEIJING 2008 PARALYMPIC GAMES?

Apart from the proud fact that a bronze medal was won in Powerlifting and several athletes entered into the semi-finals, the dignitary programme really created an impact. The Prime Minister of Malaysia was for example briefed daily by his wife, Honourable Tun Jeanne Abdullah (MPC's Patron) on the performance of Malaysia's athletes and the splendour of the Beijing 2008 Paralympic Games.

Tun Jeanne attended the Games together with the Sports Minister, the Mayor of Kuala Lumpur and the Director General of National Sports Council. Because of the success from Beijing, a Paralympic Excellent Sports Centre was built. Included in the new sports centre was the building of MPC's head office. A Paralympic Park was also launched, and a comprehensive elite athletes' programme was established by the National Sports Council. Currently about 150 elite athletes are in training for the Guangzhou 2010 Asian Para Games.

President and founder of the Malaysia Paralympic Council (MPC), Dato' Zainal Abu Zarin, is also a member of IPC's Governing Board. He has brought the Paralympic Movement to new heights and expanded the awareness of Paralympic Sport in the country. Also the founder and first president of the Asian Paralympic Committee in 2000, Dato' Zainal Abu Zarin has become a Malaysian global sports leader affecting millions of athletes and persons with a disability in the region.

In 1996, Dato' Zainal Abu Zarin retired from 32 years of various government services, including as the Director General of Sports of the Ministry of Youth and Sports Malaysia. Moving into the Paralympic world, he says that it is not just about getting recognition of the elite athletes as national athletes, just like those able-bodied, but also the broad question of equality, accessibility and inclusivity surrounding athletes and persons with a disability.



**NPC President Dato' Zainal Abu Zarin is also the founder and President of the ASEAN Para Sports Federation**

✦ Malaysia

**“Currently about 150 elite athletes are in training for the Guangzhou 2010 Asian Para Games.”**

#### HOW IS THE ORGANIZATION PREPARING FOR THE LONDON 2012 PARALYMPIC GAMES?

The training of the athletes is being undertaken with the support of the government, and the National Sports Council and the National Sports Institute which leave no stones unturned in re-

spect of preparations. The MPC has set its sights on the London 2012 Paralympic Games by identifying early a pool of potential medal winners who will be given the best exposure and training to ensure the proud record continues of having won medals previously at the Asian Para Games and Paralympics.

For more information about the Paralympic Council of Malaysia, please visit:

web >> [www.paralympic.org.my](http://www.paralympic.org.my)



**Malaysian athletes during the ASEAN Para Games in 2009**


 Otto Bock  
QUALITY FOR LIFE

World Expo 2010



Arm prosthesis in the "Life &amp; Sunshine Pavilion"



IPC President Sir Philip Craven spent a total of three days in Shanghai

## Otto Bock Exhibition Heads to Shanghai

From 1 May to 31 October, IPC Worldwide Partner Otto Bock will be in Shanghai, China, as part of the World Expo 2010.

One part of the World Expo's offerings is the "Life & Sunshine Pavilion", where the Shanghai Expo has dedicated an entire section of the fair to an exploration of the needs of people with a disability.

Inside, Otto Bock HealthCare presents an important topic for the future around the world and a key issue for China: mobility for people. Entitled "Discover what moves us," the 250 square metre exhibition covers everything

from the causes of a disability to the restoration of mobility through medical technology.

Interactive exhibits make medical technology an exciting experience for everyone and awaken a fascination in mobility. Everyday movements lead to amazing discoveries, and since the exhibition has opened, over one million people and high-ranking delegations from around the world have visited the pavilion.

President and Chief Executive Officer of Otto Bock Healthcare, Professor Hans Georg Näder, said that he sees the company's participation in the Expo as the contribution of a

"Interactive exhibits make medical technology an exciting experience for everyone and awaken a fascination in mobility."

German company that sees itself as "Chinese corporate citizen", not an exporter.

"Linking our brand image to our social commitment to the needs of people with a disability in China is an important aspect that has also been recognized at the political level," Professor Hans Georg Näder said.

Otto Bock has been represented in China since 1993 with a head office in Beijing and also operates a "Competence Centre" for patient fittings, its own factory, and various co-operative ventures in the area of research and development.

In the run-up to the Beijing 2008 Paralympic Games, Otto Bock collaborated closely with the China Disabled Persons' Federation (CDPF), NPC China and the IPC to train 50 Chinese orthopaedic technicians. After the Games, the technicians returned to their clinics and companies with brand-new qualifications and experience.

For more information about Otto Bock, please visit:


[www.ottobock.com](http://www.ottobock.com)


The Shanghai Expo dedicated an entire section to an exploration of the needs of people with a disability





## Allianz Sports 2010



Sir Philip congratulates award winners from Russia

## Allianz Employees Compete in Hungary

Employees from IPC Gold Patron Allianz this summer made their way to Budapest, Hungary, to participate in "Allianz Sports 2010". Taking place from 15-17 July, the event promoted sport and the advantage of being active in one's life.

About 1,000 Allianz employees qualified for the competitions, representing 45 different countries from around the world. Budapest was a city filled with excitement during the days' events as visitors watched the performances and talent of everyone involved.

Paralympian Heinrich Popow (GER) was also at the event, participating in his sport of Athletics. Popow took the silver medal

in the Men's 100m (T42) at the Beijing 2008 Paralympic Games, and three bronze medals in the Men's 100m, 200m and Long Jump at the Athens 2004 Paralympic Games.

IPC President Sir Philip Craven visited the competitions in Budapest, explaining the value of sport and why it is in fact important.

"With this kind of sporting event from Allianz, awareness for Sport continues to develop, giving all athletes an opportunity to see the benefits of being active," he said.

For more information, please visit:

[web >> www.allianz.com](http://www.allianz.com)



## London 2012

## Atos Origin Looking to London

As the IT Partner of the Paralympic Games from 2002-2010, IPC Worldwide Partner Atos Origin is continuing their role for the London 2012 Paralympic Games. There may be two years to go before the London Paralympics, but the Atos Origin team is wasting no time getting the preparations underway.

As the date of the Opening Ceremony of the London 2012 Paralympic Games has already been chosen, Atos Origin has said that there is no room for delays or failures. Technology will play a critical role in two areas at the London 2012 Games, including improved information access and environmental sustainability.

For the London 2012 Olympic and Paralympic Games, the Atos Origin team began their work on 24 November 2008. Since then, the team has been growing and will reach approximately 400 staff members at Games time. Other technology partners will also be part of the IT team working with Atos in London, reaching approximately 3,500 individuals.

During the Vancouver 2010 Paralympic Winter Games, the systems which ran the Paralympic Games were as complex as those for the Olympic Games. The quality standards that Atos Origin held for IT operations were exactly the same. As the leading technology partner, Atos Origin worked with the IPC, the Vancouver 2010 Organizing Committee and other IT partners and subcontractors as one team.

The technology in Vancouver was customized for the specific needs of the Paralympic Games and for the Paralympic athletes' performances. Because of that, the athletes' efforts and their extraordinary results were immediately available to the entire world.

Atos Origin continues to contribute to the development of the Paralympic Movement through the creation of a system which is designed to manage the athletes' data, including results, biographical and classification specific information. And as this system will be used during the London 2012 Paralympic Games, the world will once again be able to experience the inspiration of Paralympic Sport.

For more information, please visit:

[web >> www.atosorigin.com](http://www.atosorigin.com)



Paralympian Heinrich Popow showed his athletic ability in Budapest



# Kuniko Obinata: Finding Her Sit Skis



Kuniko Obinata training at a sport gym

Her childhood experience gave her the drive to become the athlete she is today in Alpine Skiing

Alpine Skiing athlete Kuniko Obinata has been gaining recognition in her home country of Japan. Having competed for many years now in the adrenaline-filled Paralympic Winter Sport, and with a number of medals and awards to her name, she is also a role model for young athletes hoping to reach the podium at the Paralympic Games.

“I realize that I am very lucky because I have had great achievement in the past years, and now I know we should create more opportunities for the public to know about the Paralympic Games,” Obinata said.

## True Beginnings

As a young girl who was well known by many for her energetic and cheerful character, Kuniko Obinata loved climbing up trees and swimming in the water with her prosthesis. She said that her great experience in her childhood surely gave her the drive to become the athlete she is today in Alpine Skiing. She explains how she got her start in the Paralympic Winter Sport.

“One day at the age of 17, I found an abandoned pair of skis in the rehabilitation centre where I went to fix my prosthesis,” she said. “I found myself so excited by the idea of this new sport. At that time, I was living in Yokohama city, where you do not have so much snow for years and I had no chance to experience snow at all. And since this wonderful encounter with the skis, I fell in love with the speed of skiing and the beautiful snow.”

Obinata started Alpine Skiing seriously when she was a student in university. She had already been participating at the sports institute in Yokohama, which was aimed at people with a disability. At the institute she practiced Swimming, Wheelchair Basketball, Wheelchair Tennis, Table Tennis and other racing events. At the same time, she met a coach in Alpine Skiing and was introduced to competition.

## Moving to Nagano

Just before Kuniko Obinata became an official team member of Japan for Alpine Skiing, the country received official notice that they would host the Winter Paralympic Games in 1998. Development of Paralympic Winter Sport athletes suddenly became a national matter, and it was perfect timing for Obinata.

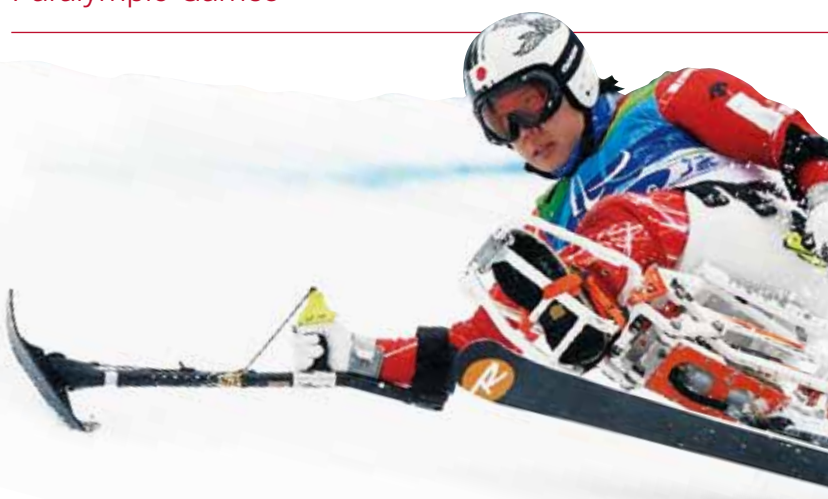
“I knew at the time that I needed more time for my training and career,” she said.

Kuniko Obinata won three medals at the Nagano 1998 Paralympic Winter Games, including the gold medal in the Women’s Downhill competition (LW10-11). She said that her preparation for the Games included a lot of self-motivation in pushing to focus on training.

“I have had great achievement in the past years, and now I know we should create more opportunities for the public to know about the Paralympic Games”



Obinata in the Giant Slalom competition at the Vancouver 2010 Paralympic Winter Games





Obinata training in New Zealand with husband Isao Horikiri in 2007



The Salt Lake City 2002 Paralympics (top) Downhill gold medal ceremony at the Nagano 1998 Paralympics (bottom)

## MEDALS WON

### Nagano 1998

Gold: Women's Downhill  
Silver: Women's Super-G  
Bronze: Women's Giant Slalom

### Salt Lake City 2002

Bronze: Women's Giant Slalom / Women's Slalom

### Torino 2006

Gold: Women's Giant Slalom  
Silver: Women's Downhill / Women's Super-G

### Vancouver 2010

Bronze: Women's Giant Slalom / Women's Slalom

## Games Changer

Obinata said that the biggest change happened after the Torino 2006 Paralympic Winter Games.

"In Vancouver, the competition was more serious," she said. "And to me, the competition was of a high standard. Winning the Games has become the number one goal of all athletes, and I think that all competition gets better as each organizing committee gets more professional. This means that more athletes can truly compete on the level they want."

Obinata said that her preparation and training have developed over the years.

hammer, I was just a student and I had such a long period of time to think about myself and I did not really train so much like I do now. It was quite a different set of circumstances."

Besides training, Obinata said that much of her success can also be because of the support from her husband.

"I simply thank him for everything and I believe that I would not have been able to achieve anything and been a competitive athlete without the great support he has given me up to now," she said.

As for competing at the Sochi 2014 Paralympic Winter Games, Obinata is still keeping her options open.

"It's quite a good question," she said. "I have not decided yet, but I do know that I want to take at least a leadership role in the Paralympic Movement in Japan in the years ahead."

"I actually changed my job for example, because I wanted to have better training circumstances," she said. "When I look back at my experiences in Lille-





## Wheelchair Tennis Stars Win Wimbledon Title

Dutch athletes made successful returns to Wimbledon in 2010, winning the doubles title again and giving audiences an impressive show. Taking place from 2-4 July, the Wheelchair Tennis event saw Robin Ammerlaan (NED) win his third Wimbledon Men's Doubles title on 4 July together with Stefan Olsson (SWE), who won his first title. The two athletes upset top seeds Stephane Houdet of France and Shingo Kunieda of Japan 6:4, 7:6.

Ammerlaan said that their performance was focused on playing their own game and not trying to adjust to their opponents. "We also recognized that we were winning the majority of the points when we went to the net, so we tried to do that as often as we could," he said. "It is great to be a Wimbledon



Robin Ammerlaan (NED) and Stefan Olsson (SWE) celebrate winning their Men's Wheelchair Doubles Final match against Stephane Houdet (FRA) and Shingo Kunieda (JPN)"



Esther Vergeer and Sharon Walraven of the Netherlands in action

champion for the third time and I think my experience was a big help for Stefan as it is only his second time here."

In the Women's Doubles final however, there was no upset, with Dutch pair Esther Vergeer and Sharon Walraven taking the win over Australia's Daniela di Toro and Britain's Lucy Shuker 6:2, 6:3. The Dutch pair also took second in Wimbledon 2009.

In the competition, Vergeer said that she and her partner had made some changes since the Roland Garros Grand Slam NEC Wheelchair Tennis Tour in France last month, where she had won the Women's Singles title, but lost in the doubles competition.

"After that loss we played today with me on the right and Sharon on the left, and it didn't

feel like we had to force anything and struggle to be in the right positions like we did in Paris," she said.

"Everything felt a lot more natural and obviously it paid off. We were dominating and then I think they must have relaxed and gone for everything, so they did well to come back, but thankfully we managed to close it out well."

For more information about Wimbledon 2010, please visit:

web  >> [www.wimbledon.org](http://www.wimbledon.org)

For more information about Wheelchair Tennis, please visit:

web  >> [www.itftennis.com/wheelchair](http://www.itftennis.com/wheelchair)

## Lithuania Wins Goalball Championships

The men's team from Lithuania gained revenge for their defeat against China in the Beijing 2008 Paralympic Games by winning the 2010 International Blind Sports Federation (IBSA) Goalball World Championships in Sheffield, England. A 4:2 lead at half time in the final was evened by China at 4:4, but a 9:1 margin over the rest of the match kept Lithuania's dominance and giving them the win 13:5.

For the women, China won in the gold medal match against USA 3:1. The Americans had tied the match with the first shot of the second half, but Chinese defence shut their opponents out for the rest of the game.

In the other medal matches Iran snatched the third automatic London 2012 Paralympic spot from the USA with a 5:3 win in the men's bronze medal game. Sweden won in the women's bronze against Canada in

a penalty shootout 2:1. They take home bronze medals and also book a 2012 ticket.

For the other men's positions, Spain beat Sweden 4:2 to finish fifth. Algeria came out on top 6:2 against Brazil to take seventh, and Canada ended in ninth with a 5:4 win against Slovenia.

For the women, Finland and Japan played out an intense game which ended 0:0 after overtime. Finland eventually won 2:1 in a sudden death penalty shootout.

For more detailed information on Goalball, please visit the IBSA website at:

web  >> [www.ibsa.es](http://www.ibsa.es)

For more information about the 2010 IBSA Goalball World Championships, please visit:

web  >> [www.worldgoalball2010.com](http://www.worldgoalball2010.com)



## Croatia Hosts IPC Shooting World Championships



Top three winners in the R3 10m Air Rifle prone team event

The 2010 IPC Shooting World Championships featured 246 athletes from 43 countries around the world starting on 16 July in the Croatian capital of Zagreb. To begin the eight days of competition, a colourful Opening Ceremony brought in several dignitaries, including the Prime Minister of Croatia, Ms. Jadranka Kosor, who gave a welcoming speech to all of the athletes.

On 22 July, the World Championships also had a special visit from the British Ambassador in Croatia, HM Ambassador David Graeme Blunt, who was able to see the precision and accuracy of the Paralympic Sport at its highest level.

The last competition on 24 July of the World Championships saw Serbia's Dragan Ristic give a strong performance in the Men's 10m Air Rifle Prone event, finishing first with a total of 706.6 points. He was closely followed by Hongxiang Yuan from China with 706.2 points. His compatriot Jie Liu won the bronze medal with a result of 706 points, making it one of the closest competitions of these World Championships.

Sweden's Jonas Jacobsson made it to first place twice in the 50m Rifle Prone and Men's 50m Rifle 3x40 events on 20 and 22 July respectively. Following Jacobsson in the Rifle Prone was Australia's Ashley Phillip Adams and Korea's Jaeyong Sim.

On day six of the Championships, Russia's Marina Klimenchenko took the top spot in the Women's 10m Air Pistol event with a result of 477.9 points. Klimenchenko was followed by Korea's Myungsoon Park (466.4 points) and Macedonia's Olivera Nakovska-Bikova (462.4 points).

France's Raphael Voltz took the gold medal in the 10m Air Rifle (Standing) on day five with a result of 704.8. He was followed by Korea's Jiseok Lee and New Zealand's Michael Johnson who both finished less than one point behind the French athlete, and within 0.1 point of each other.

In the Women's 50m Sport Rifle 3x20, Sweden's Lotta Helsingier finished first with a total of 666.9 points. Coming in second and third places were Slovakia's Veronika Vadovicova and China's Cuiping Zhang.

On the third day, Korea's Sungwon Jang was on top with a total of 706.3 points, followed by compatriot Jaeyong Sim who scored 705.9 points in the 10m Air Rifle Prone event. Coming in behind the Korean pair was Great Britain's Matthew Skelhon with 704.6 points.

Competitions for the 2010 IPC Shooting World Championships took place at the Vrapčanski Potok Shooting Range in two classes (SH1 and SH2), totalling 31 medal events, including 17 individual and 14 team events.

Croatian Prime Minister Ms. Jadranka Kosor said in her address that the city of Zagreb was delighted to be the site of the big event, and that the choice of Croatia by the IPC is truly a huge honour and recognition of both NPC Croatia and all men and women with a disability in the country.

For more information about IPC Shooting, please visit:



>> [www.ipc-shooting.org](http://www.ipc-shooting.org)

For more information about the 2010 IPC Shooting World Championships and full results, please visit:



>> [www.hpo.hr/ipc\\_shooting\\_wc\\_2010](http://www.hpo.hr/ipc_shooting_wc_2010)



Competitions took place at Zagreb's Vrapčanski Potok Shooting Range



President of NPC Croatia and of the Organizing Committee Ratko Kovacic (right) with Sir Philip presenting medals in the P3 25m Sport Pistol Mixed event

## IPC Powerlifting World Championships a Success in Malaysia



Athletes trained hard to reach the World Championships in Kuala Lumpur

Taking place from 25-30 July, Paralympic fans in Kuala Lumpur were able to watch the 2010 IPC Powerlifting World Championships inside the Stadium Titiwangsa. The Kuala Lumpur City Hall Cultural Troupe was one of the highlights of the Opening Ceremony, with a cultural performance that included a combination of dances from different ethnic groups. The three groups, which included Malay, Chinese and Indian, represented the population of Malaysia and its background.

The Opening Ceremony also included a parade of athletes who participated in the 2010 IPC Powerlifting World Championships, as well as the playing of the host country's National Anthem "NegaraKu". Welcome speeches were given by Chairperson of the Local Organizing Committee Mr. Kassim Abd. Rahman, IPC Governing Board Member Dato' Zainal Abu Zarin and Mayor of Kuala Lumpur Datuk Seri Ahmad Fuad Ismail.

A total of 292 athletes from 49 countries were at the competition. Of those participants, 114 athletes were women. Athletes were also competing to prepare for the London 2012 Paralympic Games, where Powerlifting will be part of the Summer Games programme.

In competition, Siamand Rahman from Iran set a new World

record for seniors and juniors in the Men's +100kg category on the final day of the 2010 IPC Powerlifting World Championships in Kuala Lumpur, Malaysia.

With an impressive lift of 285kg on his fourth attempt, the new record was the highlight of the sixth and final day of competition. As the fourth attempt does not count towards the best lift, Iran's Kazem Rajabi Golojeh came in first place in the Men's +100kg category with 265kg. Coming in second and third positions were record-breaker Rahman and Iraq's Faris Al-Ajeeli respectively.

For the Women's +82.5kg category, Mexico's Perla Patricia Barcenas Poncede took first with her best lift of 135kg. Following Barcenas Poncede were Australia's Deahne Mary McIntyre and Belarus' Liudmila Hreben. Coming in fourth and fifth place were USA's Mary

Stack and Poland's Kamilla Rusielewicz respectively.

The 2010 IPC Powerlifting World Championships saw several records broken for both seniors and juniors. On

day two of competition, Egypt's Sherief Othman broke his own World record in the Men's up to 56kg by lifting 205kg. China's Lei Liu broke the World



The Closing Ceremony was a celebration of high performance



Victory was the focus of everyone in competition

record on the third day in the Men's 67.5 kg class with a best lift of 222.5kg. Liu broke the World record for both seniors and juniors.

Souhad Ghazouani (FRA) broke the World record for seniors and took the gold in the Women's 60kg category on the fourth day with a best lift of 135kg. Ghazouani was followed by Mexico's Amalia Perez Vazquez and Egypt's Amal Mahmoud Hanafy Osman respectively.

Several countries saw their athletes take multiple places. Two athletes from Egypt for example each took first place in their respective events on day five. Hany Abdelhady (EGY) took first in the Men's 90kg with his best lift of 235kg, and in the Women's 82.5kg category, Hassan Geehan (EGY) took first with her best lift of 130kg.

Held just after the World Championships on 31 July, many of those participating in the event were also at the 2010 IPC Powerlifting Sport Forum. The forum was an opportunity for all those involved in the Paralympic Sport to provide feedback and expert information on its future. Equipment used for competitions and the material of lifting suits were two examples of the topics brought up during the forum.

For more information about IPC Powerlifting, please visit:

web >> [www.ipc-powerlifting.org](http://www.ipc-powerlifting.org)

Biting medals has become a tradition for athletes





## Australia Takes Wheelchair Basketball Championships

The men's final at the 2010 International Wheelchair Basketball Federation (IWBF) Wheelchair Basketball World Championships saw the Australians take home the gold medal in Birmingham, Great Britain. Taking place on 17 July, the final match had Australia as favourites against France with an impressive first-half performance from both sides.

Australia took an early lead in the first quarter as the period finished 20:15. The second quarter score also had Australia in the lead, 45:29. France outscored Australia in the third quarter, 17 to 14, giving momentum to the French. And in the final quarter, France again pushed Australia and reduced the loss to six points. A few three-point misses by the French however gave more security to the Australians, and the final score of 79:69 crowned them World Champions for 2010.

France's Sofyane Mehiaoui was the star player as he scored 16 points. Australia's Justin Eveson and Shaun Norris scored 23 and 18 points respectively, giving Eveson top scorer status.

In the women's final, Germany and USA played an extremely close game until the final seconds. At half time, Germany led by the narrowest of margins, with Team USA bringing the score 30:29. By the end of the third quarter, the score sat at 40:40.

An extremely tense final quarter saw each side matching the other with just one point difference. With six seconds left on the clock, USA scored to make it 54:53 in their favour. One final free-throw shot brought the final score to 55:53, giving the USA the gold medal.

USA's Becca Murray scored a high 25 points, with a shooting percentage of 71%. For Germany, Marina Mohnen was the top scorer with 15 points.

In the women's bronze medal game, Canada won against Australia 59:49. In the men's bronze, USA won against Italy 71:42. Host country Great Britain took fifth place on the men's side, winning 82:68 against Poland. And the Netherlands took fifth on the women's side, winning 58:43 versus Great Britain.

Taking place from 7-17 July in the National Indoor Arena, the 2010 IWBF Wheelchair Basketball World Championships saw 12 men's teams and ten women's teams compete in the most important and biggest Wheelchair Basketball



The Australian Women's Team took fifth place at the Championships



event before the London 2012 Paralympic Games. Countries represented at the championships included Algeria, Australia, Brazil, Canada, China, Germany, Great Britain, France, Italy, Japan, Mexico, the Netherlands, Poland, South Korea, Turkey, and USA.

For more information about the IWBF Wheelchair Basketball World Championships, please visit the official website at:

web

>> [www.gbwb.org.uk](http://www.gbwb.org.uk)

For more information about the International Wheelchair Basketball Federation (IWBF), please visit:

web

>> [www.iwbf.org](http://www.iwbf.org)

## Mexico Planning for Successful Parapan American Games



Representatives meeting in Guadalajara, Mexico

Occurring every four years, the Parapan American Games for 2011 will be held in Guadalajara, Mexico, from 12-20 November, with an expected 1,500 athletes from the Americas region. A total of 14 sports are planned for the Parapan Games programme, including Athletics, Boccia, Football 5-a-Side, Football 7-a-Side, Goalball, Judo, Powerlifting, Swimming, Table Tennis, Volleyball (Sitting), Wheelchair Basketball and Wheelchair Tennis.

The Local Organizing Committee for the Guadalajara 2011 Parapan American Games (COPAG) hosted a successful Project Review in Guadalajara over the course of three days from 23-25 June. Americas Paralympic Committee (APC) President Octavio Londoño and representatives of the IPC, together with IPC Governing Board members Jose Luis Campo and Andrew Parsons attended the Project Review to go over the plans for the event next year in Mexico. The meetings included a visit to the venues and overall progress on preparations.

Guadalajara follows the Rio 2007 Parapan American Games, which had a total of 1,132 athletes from 25 countries competing. For the second time in history, the Parapan American Games will be held in the same city and same venues as the Pan American Games.

For more information about the Guadalajara 2011 Parapan American Games, please visit:

web

>> [www.guadalajara2011.org.mx](http://www.guadalajara2011.org.mx)



More than 6,500 spectators filled the stadium in Eindhoven



Olympic athlete Pieter van den Hoogenband (NED) visited the competition, presenting medals to the winning athletes

## IPC Swimming World Championships Filled With World Records



With a total of 649 athletes from 53 countries competing in 181 medal events, the 2010 IPC Swimming World Championships were the biggest ever. During the six days of competition inside the Pieter van den Hoogenband stadium, more than 6,500 spectators came to watch outstanding performances by hard-trained swimmers.

Ukraine topped the medal tally with 58 medals overall (21 gold), followed by USA with 20 gold medals and Russia with 19 gold medals. USA's Mallory Weggemann (S7) was the most successful athlete of the World Championships, winning eight gold medals and breaking nine World records.

Some athletes saw their expectations not only met, but completely surpassed. South Africa's Natalie DuToit (S9) dominated the women's S1-S10 race in the Open Water event at E3 Beach in Eersel, the Netherlands. DuToit finished at 1:00:22.00, more than six minutes ahead of Elodie Lorandie (FRA) and Sanja Milojevic (CRO). In the Women's S11-S13 race,

Athletes who came to Eindhoven saw the competition as a chance to utilize their months of training and be strong competitors in the water.

Taigan van Rosmalen (NED) was the only competitor and finished in a time of 1:17:35.51.

Although feeling a little under the weather, Paralympian DuToit took the top position in many events. On 20 August in front of a record crowd of 1,150 for example, DuToit beat Great Britain's Stephanie Millward in the Women's 100m Backstroke event. World record holder Stephanie Dixon (CAN) won the bronze medal.

Winning a total of six gold medals, one silver and one bronze, DuToit said that the competition in Eindhoven was fierce.

"The athletes here have trained very hard, and I think it is clear by their performances," she said. "It has been fantastic to be part of this incredible event"

Athletes who came to Eindhoven saw the competition as a chance to utilize their months of training and be strong competitors in the water.

Lithuania's Kestutis Skucas (S4) competed in the 50m Backstroke, Butterfly and Breaststroke at the World Championships, with the goal of improving his time.

"This is my third time competing at the World Championships after South Africa and Argentina, and I want to finish better than I did in the previous races, especially in the Breaststroke," Skucas said.

Planning to train for the London 2012 Paralympic Games, Skucas first competed at the

Sydney 2000 Paralympic Games. He won the silver medal in the Men's 50m Backstroke at the Athens 2004 Paralympic Games.

The World Championships also had Olympic athlete Pieter van den Hoogenband (NED) visiting the competition and presenting medals to the winning athletes. Van den Hoogenband said that he was impressed by the athletes' strong performances.

"I saw some great races and great swimming," van den Hoogenband said. "I am very proud that the Championships are here and that we have a lot of great athletes here who are having fun. But also the level of the swimmers is amazing."

### WEB

For full results and other information about the 2010 IPC Swimming World Championships, please visit [www.wcswimming2010.com](http://www.wcswimming2010.com).

To read more about Paralympic Swimming athletes, check out the all new full biography section of the IPC's website at [www.paralympic.org/Athletes/Athlete\\_Biographies/](http://www.paralympic.org/Athletes/Athlete_Biographies/).

For more information about IPC Swimming, please visit the official website at [www.ipc-swimming.org](http://www.ipc-swimming.org).

Become a fan of the 2010 IPC Swimming World Championships on Facebook! Visit [www.facebook.com/IPCSwimming](http://www.facebook.com/IPCSwimming).





## Wheelchair Dance Sport World Championships Coming to Hannover, Germany



Competition will bring high-spirited athletes to the dancefloor

Taking place from 6-7 November 2010, tickets for the 2010 IPC Wheelchair Dance Sport World Championships have already sold out, showing the high anticipation for the big event.

In collaboration with the German Disabled Sports Association (DBS), the World Championships have many countries participating, including Austria, Belarus, Brazil, China, Chinese Taipei, Finland, Germany, Great Britain, Hong Kong (China), Israel, Italy, Japan, Korea, Malta, Mexico, the Netherlands, Norway, Poland, Russia, Slovakia, Slovenia, and Ukraine.

The IPC conducted its second site inspection visit for the event in Hannover on 6 July, with IPC Wheelchair Dance Sport Technical Delegate of the competition Ms. Grethe Andersen and IPC Sport Manager Athena Charitaki in attendance.

Meeting with the core group from the Local Organizing Committee, several items were discussed regarding the current progress and the overall preparations. Ms. Charitaki said that most of the items for the World Championships preparations were at a very good stage, and the Local Organizing Committee was now focusing on the final details.

For more information about the 2010 IPC Wheelchair Dance Sport World Championships, please visit:

web >> [www.rollstuhltanz-wm2010.de](http://www.rollstuhltanz-wm2010.de)

For more information about Wheelchair Dance Sport, please visit:

web >> [www.ipc-wheelchairdancesport.org](http://www.ipc-wheelchairdancesport.org)

Athletes made sure to congratulate each other after each race



Opening Ceremony for 2008 World Championships in Belarus

## Countdown to Asian Para Games in Guangzhou



The 2010 Asian Para Games will be taking place from 12-19 December 2010 in Guangzhou, China, and will feature 17 Paralympic sports:

- Archery
- Athletics
- Boccia
- Cycling
- Football (5-a-Side/7-a-Side)
- Goalball
- Judo
- Powerlifting
- Rowing
- Shooting
- Swimming
- Table Tennis
- Volleyball (Sitting)
- Wheelchair Basketball
- Wheelchair Fencing
- Wheelchair Tennis
- Two non-Paralympic sports: Badminton and Bowling

Guangzhou will host both the 16th Asian Games and the 2010 Asian Para Games, marking the first time that the two Games will be held in one city.

Recently, the Guangzhou 2010 Asian Para Games Organizing Committee (GAPGOC) successfully finished hosting a two-day Chefs de Mission Seminar for the Para Games. Taking place from 28-29 May, President of the Asian Paralympic Committee (APC) and IPC Governing Board Member Dato' Zainal Abu Zarin said that the Chinese organizers for the Asian Para Games have done a great job in preparations and that everyone is looking forward to the competition in December.

For more information, please visit the official website:

web >> [www.gzapg2010.cn](http://www.gzapg2010.cn)





## Swimming Championships Delivered in Live Stream

The IPC's official internet channel [www.ParalympicSport.TV](http://www.ParalympicSport.TV) brought a live stream of the competitions from the 2010 IPC Swimming World Championships everyday, giving Paralympic fans around the world a chance to watch the action as it happens. Seeing more coverage than any previous IPC Swimming World Championships, the daily live stream included all heats from 9:00-12:00 CET and all finals from 17:00-21:00 CET.

The daily live streams had commentary in English, giving the viewer an up close and personal feeling of being at the exciting event. Videos on demand were made available on ParalympicSport.TV the following day.

Highlight clips, including three videos each day, also were also made available on the IPC YouTube channel at [www.youtube.com/ParalympicSportTV](http://www.youtube.com/ParalympicSportTV).

Elsewhere on the internet, the IPC went to the popular Facebook website to promote the big event and keep people informed on relevant information.

Bringing the world of Facebook to the 2010 IPC Swimming World Championships, the IPC launched an official IPC Swimming Facebook page which focused on the event, with full coverage, photos and videos. The page became ideal for not only athletes and coaches, but also for Paralympic fans who wanted to experience the anticipation of the World Championships in the Netherlands.

To become a fan of the 2010 IPC Swimming World Championships on Facebook, visit [www.facebook.com/IPCSwimming](http://www.facebook.com/IPCSwimming).



Daily live streams gave the viewer a feeling of being at the exciting event

With the internet, users can stay connected with Paralympic Sport

 >> [www.ParalympicSport.TV](http://www.ParalympicSport.TV)

 >> [www.youtube.com/ParalympicSportTV](http://www.youtube.com/ParalympicSportTV)

 >> [www.facebook.com/IPCSwimming](http://www.facebook.com/IPCSwimming)



an unequivocal preference for competitors in the Games who had complete or comparably severe incomplete lesions. A trend was evident to reduce the number of individuals with mild residual disabilities such as ambulatory post polios.

... the Medical Sub-Committee felt it right that the Games should be restricted to spinal cord lesions with severe or moderately severe degree of disability and for this reason they were suggesting the elimination from the Games of people with very little residual symptoms and disability; e.g., polios with only weakness of both feet (International Stoke Mandeville



The 1972 Paralympic Games 60 meter dash was won by Ray Lecandouraki of the U.S.

# Heidelberg 1972

## Additions in Technology and Events Raised Standards

The programme that was carried out during the Heidelberg 1972 Paralympic Games brought the Paralympic Movement again to a higher level after the implementation of new events and technologies. One of the best examples of the advancement in technology was the new electronic touch pads which were used for the first time in the Swimming event.

Because of the touch pads, the results of athletes were recorded quickly and with the highest accuracy. This ultimately led to several new records being set in the Paralympic Sport. Van der Benden from the Netherlands for example set a new record in the 100m Freestyle event with a time of 1:12.40.

The Paralympic Games in 1972 did not take place in Munich, Germany, where the Olympic Games were held that year. The International Stoke Mandeville Games Committee had planned for the German Disabled Sports Association (DVS) to stage the event in the Bavarian city, but the Olympic Village already had plans to be closed and converted into

private apartments following the Summer Olympics.

The historic town of Heidelberg, located in southwest Germany, then invited the organizers to have the Paralympic Games at the University's Institute for Physical Training. In order to run the big event, the Organizing Committee and the DVS brought in funds from the German ministries of Labour and Interior, the country's National Olympic Committee and the government of the state of Baden-Württemberg.

More than 980 athletes from 43 different countries came to the town on the Neckar River, hoping to win the gold. The team from Germany was the largest with 80 athletes, followed by Great Britain

and France. Some of the strong performances were from Canada's Eugene Reimer, who set a World record in Discus with a throw of 29.91m and Israel's Zipora Rubin, who set a World record in Javelin with 18.5m.

Much like competition now, Men's Wheelchair Basketball was a highlight at the Heidelberg Paralympics. A capacity crowd of 4,000 watched as the USA edged by defending champions Israel to take the gold 59:58.

"Heidelberg saw the inclusion of different disability groups and exhibition events such as Goalball and the 100m for the blind and visually impaired."

The Paralympic Sport of Wheelchair Basketball continues to bring in record crowds today with highly skilled male and female athletes.

At the post-Games meeting, coaches and trainers discussed the need to develop and refine the sports' rules for each event. They decided to create sub-committees for each sport in the International Stoke Mandeville Games, which led to more self-determination in the Paralympic Movement, especially in the development of wheelchair sports.

Heidelberg saw the inclusion of different disability groups and exhibition events such as Goalball and the 100m for the blind and visually impaired. The town will be remembered not just for its records and new technology, but also for the richness of social and cultural activities which took place over the Games period.

web > > [www.paralympic.org](http://www.paralympic.org)

For results of the Heidelberg 1972 Paralympic Games, please visit [www.paralympic.org](http://www.paralympic.org) > Sport > Results.

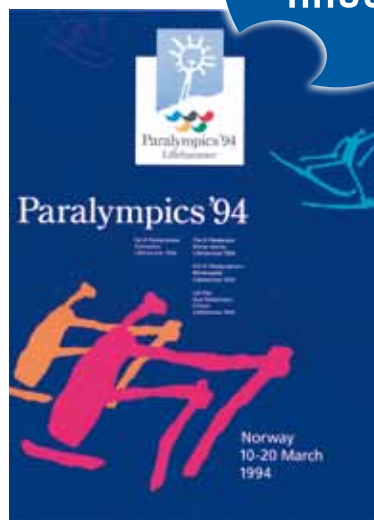
More than 980 athletes from 43 different countries took part in 1972



Heidelberg took the place of Munich in 1972



Did you  
know?



## IPC Governing Board Member Appointed to Order of Canada

This summer, IPC Governing Board Member Patrick Jarvis was appointed to the Order of Canada for his extensive contribution to the Paralympic Movement. Jarvis has been part of the Movement for many years, serving as President of NPC Canada and currently on its Board of Directors. He was also a board member of the Vancouver 2010 Paralympic Winter Games Organizing Committee (VAN-OC) and currently serves as a member of the IOC Co-ordination Commission for the London 2012 Olympic and Paralympic Games.

Also a former athlete, Jarvis competed in the Barcelona 1992 Paralympic Games in the Men's 1,500m, 800m and Relay races in Athletics.

The Order of Canada is an honour for merit that is the highest order administered by the Governor General-in-Council in the Canadian system of honours, on behalf of the Queen of Canada.

## The First Games Under IPC Management

The Lillehammer 1994 Paralympic Winter Games were the very first Paralympic Games under the management of the IPC. A total of 471 athletes (381 men and 90 women) from 31 different countries took part in the Winter Games of 1994 under the official motto 'No Limits'. The official emblem depicted the sun people, portraying the ideas of power, vitality, strength and energy.

Rapidly developing, the history and organization of the IPC continues to bring in more participating countries and athletes, making each edition of the Games a new success. The Paralympic Movement's growth is best exemplified through the phenomenal rise of the Paralympic Games, with more countries having competed for example in the Beijing

2008 Paralympic Games (3,951 athletes, 146 countries) than in the Munich 1972 Olympic Games. In Beijing, the degree of media coverage was also unprecedented.

With high interest and acceptance for sport for persons with a disability growing, the expansion of the Paralympics will certainly continue in the future.

## African Leaders Promote Strong Co-operation

The first Executive Committee meeting of the African Paralympic Committee brought leaders together in Luanda, Angola, to define the many priorities for the future. The resulting report from all African NPCs' activities identified and strengthened leaders and promoted athletic events. Additionally, the African Paralympic Committee identified and established a strong co-operation with the Supreme Council of Sports in Africa and looked for partner agreements with sponsors.

Inside the Hall of the Provincial Government, the meeting was led by newly elected President, Leonel da Rocha Pinto, with other attendees including IPC Governing Board member Ali Harzallah, NPC Egypt's Dr. Hossam Mostafa and NPC Rwanda President Dominique Bizimana. The attendees were also formally co-opted as members of the African Paralympic Committees' Executive Committee.

A formal ceremony handing over of the power of authority also took place from former African Sports Confederation of Disabled (ASCOD) President Dr. Nabil Salem to the new President Leonel da Rocha Pinto.



## Communicator Awards Given to the IPC

An Award of Excellence in the Print/Design category for Non-Profit Organizations from the 10th Annual Communicator Awards has been received by the IPC for its 10/20 Anniversary Book and Annual Report 2008. The Award of Excellence is given to those entries whose ability to communicate puts them among the best in the field.

The Communicator Awards is the leading international awards programme honouring creative excellence for Communications Professionals. Receiving over 7,000 entries from companies and agencies of all sizes in 2010, The Communicator Awards is one of the largest awards of its kind in the world.

The Awards are sanctioned and judged by the International Academy of the Visual Arts (IAVA), an invitation-only body consisting of top-tier professionals from a "Who's Who" of acclaimed media, communications, advertising, creative and marketing firms.

For more information about The Communicator Award, please visit:

web >> [www.communicatoraward.com](http://www.communicatoraward.com)





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