

World Para Athletics Coaching Pathway

Participant profiles and learning outcomes

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Contents

The following document will lay out the pathways, participant profiles, and learning outcomes of each of the currently offered World Para Athletics Education Courses in Coaching.

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1 Introduction

The IPC Academy is a partnership between the IPC and the World Academy of Sport and is the education division of the IPC. The IPC Academy brings individuals together to improve educational standards of sport throughout the Paralympic Movement and ensures that executives, administrators and officials have an educational centre, providing world class courses.

World Para Athletics (WPA) believes that high quality learning materials and a tailored method of delivery is the key to improve the level of Para athletics officiating, classification and coaching all over the world. World Para Athletics has worked with the IPC Academy in recent years to develop educational pathways for those wishing to become involved in Para athletics at various levels and capacities. These pathways offer different levels of courses in technical officiating, classification and coaching taught by specifically trained World Para Athletics educators and can be delivered in multiple languages.

This document outlines the pathway for individuals interested in Para athletics coaching and outlines candidate qualification criteria and course outcomes of the various levels of courses offered by World Para Athletics.

2 World Para Athletics Coaching Pathway

The World Para Athletics Coaching Pathway includes the following courses:

- IPC Introduction to Para Sport Online Course
- IPC Coaching Para Sport - an Introductory Online Course
- Introduction to Para Athletics Coaching Course

Each course is designed to help strengthen the participant’s knowledge about coaching in Para sports and specifically athletics for athletes with physical impairments (PI), intellectual impairments (II) and visual impairments (VI).



2.1 IPC Introduction to Para Sport Online Course

The IPC Introduction to Para Sport Online Course is free of charge and contains a combination of reading and video content. Please click on [Introduction to Para Sport Online Course](#) to access the online course.

- Duration: 1-2 hours
- Assessment: online test

Learning Objectives

- Understand the history and structure of the Paralympic Movement
- Understand the history and concepts of classification
- Introduction to Classification Code and International Standards

Participant Profile

This online course is open for everybody who wants to learn more about the IPC, the Paralympic Movement and the importance of classification. Participants might be an athlete, coach, technical official, sport medical practitioner, event organiser or generally just an interested supporter of Paralympic Sport or the Paralympic Games looking to test their knowledge.

Course Outcome

Upon completion of the short online test participants will be able to download a certificate of completion. Once completed, persons who wish to continue their education with World Para Athletics and the IPC Academy can continue to the coaching online course.

2.2 IPC Coaching Para Sport - an Introductory Online Course

The IPC Coaching Para Sport - an Introductory Online Course is sport generic and specific to Para athletics coaching. It contains a combination of reading and video content. Please click on [IPC Coaching Para Sport - an Introductory Online Course \(online\)](#) to access the online course. The online course can be offered in multiple languages (please refer to section 5 of this document for more information on language availability).

- Duration: 2-3 hours
- Assessment: online test

Learning Objectives

- Understand the history and structure of the Paralympic Movement
- Understand the different impairment types in Para sport
- Understand the methodological principles in Para sport
- Understand exercise management in Para sport
- Understand the psychosocial aspects of impairment and Para sport

Participant Profile

The ideal candidate for the IPC Coaching Para Sport - an Introductory Online Course (online) is someone interested in learning more about coaching in Para sports. Potential candidates include but are not limited to: coaches, competition organisers, technical officials, students, medical professionals, and athletes. To register for the course the participant has to have completed the IPC Introduction to Para Sport Online Course.

Course Outcome

Participants who successfully complete the course will receive a course certificate of attendance. Participants will also be eligible to attend a World Para Athletics Introduction to Coaching Course, dependent on meeting all other course prerequisites.

2.3 Introduction to Para Athletics Coaching Course

The Introduction to Para Athletics Coaching Course is designed for athletic coaches that are just getting into coaching Para athletics or coaches who have been coaching Para athletes for some years but are looking to advance their skill level.

- Duration: 3 days
- Assessment: none (participation based)

Learning Objectives

- Understand the role of the coach
- Understand the World Para Athletics Rules and Regulations
- Understand the World Para Athletics Classification Rules and Regulations
- Understand the competition types and processes
- Understand skill development
- Be able to coach sprints and long distance running
- Be able to coach long and high jump
- Be able to coach push and pull throws
- Be able to implement session planning

Participant Profile

Candidates must:

- have completed the IPC Coaching Para Sport - an introductory programme (online) before the start of this course
- have interest in Paralympic sports and specifically Athletics
- be at least 18 years of age

Preferably candidates also have the following:

- minimum one year of competitive athletics coaching (able-bodied or Para athletes)

- basic command of the English language (verbal and written)

Course Outcomes

Participants who successfully complete the course will receive a course certificate of attendance.

3 Language Availability of Courses

Course	Language
IPC Introduction to Para Sport Online Course	Arabic, English, French, Mandarin, Russian, Spanish - can be delivered face-to-face if the required language is not available online
IPC Coaching Para Sport - an Introductory Online Course	English, French*, Spanish - can be delivered face-to-face if the required language is not available online

* will be published in December 2017

4 Online Courses Pricing and Group Rates

The following is the pricing for a single course registration

Course	Introduction to Para Sport	Coaching
Online	Free	€53.50

5 Face to Face Courses and Pricing

An NPC/NF can request to host Introduction to Para Athletics Coaching Course. World Para Athletics will provide course material, certified educators and support where needed to the host the course for a programme fee.

More detailed information on hosting World Para Athletics education courses is available on the World Para Athletics education [website](#). World Para Athletics will always aim to facilitate your requests but cannot guarantee that all requests can be met. World Para Athletics will aim to offer you an alternative date when this situation arises.

6 Application Process

To apply for a World Para Athletics Course please view all the available courses and download the application form from the World Para Athletics education website:

www.paralympic.org/athletics/education/coaching.

All applications should be completed fully and submitted to education@paralympic.org.

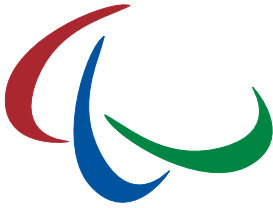
7 World Para Athletics Education Contact Information

If you have any questions or are interested in learning more about all of the World Para Athletics and IPC Academy education courses, please contact us at:

World Para Athletics Education and IPC Academy
+49 228 2097 200
education@paralympic.org
World Para Athletics education website: https://www.paralympic.org/athletics/education

If you are interested in learning more about other aspects of World Para Athletics, please use the following email address: info@worldparaathletics.org.

8 World Para Athletics Educational Partners



International
Paralympic
Committee

