



World Para
Nordic Skiing

CHAMPIONSHIPS

**PRINCE GEORGE
2019**

— PRESENTED BY —

CALEDONIA
N O R D I C • S K I • C L U B

THE PRINCE GEORGE 2019 WORLD PARA NORDIC SKIING CHAMPIONSHIPS

15–24 FEBRUARY, 2019

MEDIA GUIDE

CONTENTS

Key Media Contacts	4
Claims.	4
Opening Hours of the Media Areas	5
Details of the Event	6
Information about Para Biathlon	6
Information about Para Cross Country Skiing.	6
Information about the World Para Nordic Skiing Championships.	6
Competition Schedule	8
Useful Websites and Social Media Information	9
Classification.	10
List of Participating Countries.	11
Venue Information	12
Competition venue	12
Ceremonies venue	12
Information for Media.	13
Accreditation.	13
Media Personnel	14
Media Zones	14
Media Zones	14
Mixed Centre.	15
Guideline to Reporting on People with an Impairment	15



Media Services	16
Transportation – Getting to and getting around Prince George.	16
Accommodation	16
Food Services	17
Accessibility	17
Ceremonies and Special Events	18
Opening Ceremony	18
Recognition Ceremonies	18
Medal Ceremonies	18
Closing Ceremonies	19
General Information	20
Volunteers	20
Local Organizing Committee (LOC)	20
Security	20
Prince George at a Glance	21
General Information	21
Currency	21
Restaurants	21
Electricity	22
Competition Venue Plan	23
Venue Map	23
Main Stadium – TV camera positions (including recognition ceremonies) . .	24
Biathlon Range – TV Camera Positions	25
Course – TV Camera Positions	25
Ceremonies Venues	26
Opening Ceremonies – TV Camera Positions	26
Victory/Closing Ceremonies – Camera Positions	27



KEY MEDIA CONTACTS

The first point of contact for photographers and media will be the LOC Media/Press Liaison

LOC MEDIA/PRESS LIAISON

KIM HAYHURST

Mobile: +1 250 981 7163

Email: khayhurst@2019worldparanordic.ca

LOC MARKETING/COMMUNICATIONS CONTRACTOR

SANDY WHITWHAM

Mobile: +1 250 961 0127

Email: sandy@theedgecommunications.com

Other media contacts include:

CANADIAN PARALYMPIC COMMITTEE

MARTIN RICHARD, EXECUTIVE DIRECTOR, COMMUNICATIONS & BRAND

Mobile: +1 613 725 4339

Email: mrichard@paralympic.ca

INTERNATIONAL PARALYMPIC COMMITTEE

RAFAEL MARANHÃO, IPC PUBLIC RELATIONS SENIOR MANAGER

Mobile: +49 228 2097 159

Email: rafael.maranhao@paralympic.org

CLAIMS

Please note the organizers cannot be held responsible for the security of your belongings and equipment.

OPENING HOURS OF THE MEDIA AREAS

DURING COMPETITION DAYS

HOURS: 9AM – 4PM

Media room, photo areas, mixed zone

DURING TRAINING DAYS

HOURS: 10AM – 2PM

Media room



DETAILS OF THE EVENT

INFORMATION ABOUT PARA BIATHLON

Para Biathlon (BT) was introduced in Innsbruck in 1988 for athletes with a physical impairment, and in 1992, athletes with a visual impairment also became eligible to compete.

The events consist of a 2.0 km or 5.5 km course skied three to five times in the free technique for a total race distance between 6-15 km.

Between the two stages, athletes must hit a set of 5 targets located at a distance of 10 metres from the firing line. Each missed target is penalized by either an increase in the overall time or by having to ski a penalty lap for each missed target. The most important success factor lies in the capability of alternating the skills of physical endurance and shooting accuracy during the competition. Athletes with a visual impairment are assisted by acoustic signals, which, depending on signal intensity, indicate when the athlete is on target. The sport is governed by the International Paralympic Committee (IPC) World Para Nordic Skiing (WPNS) with co-ordination by the IPC/WPNS Technical Committee following the modified rules of the International Biathlon Union (IBU).

INFORMATION ABOUT PARA CROSS COUNTRY SKIING

Para cross-country skiing (CC) first appeared at the 1976 Winter Paralympic Games in Ornskoldsvik, Sweden. The competition is open to athletes with physical impairments and visual impairments. Depending on functional impairment, a competitor may be a standing skier (a standing athlete who is visually impaired may use a sighted guide) or an athlete may use a sit-ski, a chair equipped with a set of skis.

Male and female athletes compete in short distance, middle distance, or long distance (ranging from 2.5 km to 20 km) or participate in the team relay using classical technique (diagonal stride) or free techniques (skate skiing). Cross-country skiing is governed by the IPC WPNS following modified rules of the International Ski Federation (FIS) and is practiced by athletes in over 25 countries.

INFORMATION ABOUT THE WORLD PARA NORDIC SKIING CHAMPIONSHIPS

The World Para Nordic Skiing Championships are held every two years and, after the Paralympic Winter Games, this event represents the pinnacle of achievement for Para Nordic athletes. These athletes, men and women, who are grouped into three classes for competition (sitting, standing, and visually impaired) will compete in four cross country skiing and four biathlon medal events over a period of 10 days. They truly embody the best of Paralympic sport and the Paralympic movement.

Between 120 and 150 athletes from 20 to 25 different Nations, over 200 coaches and officials, and hundreds of visitors will attend. Following less than 12 months after the 2018 Paralympic Winter Games in PyeongChang Korea, the 2019 World Para Nordic Skiing Championships will be an exciting follow up for the 114 contested world championship medals and represents an opportunity for us to continue growing the sport around the world.

THE COMPETITIONS WILL CONSIST OF THE FOLLOWING DISCIPLINES:

Biathlon (BT)

- Biathlon sprint
- Biathlon individual
- Biathlon middle distance

Cross-Country (CC)

- Cross-country sprint (free technique)
- Cross-country middle distance
- Cross-country long distance (classic technique)
- Cross-country relay (open/mixed)



DATE	TIME	EVENT	LOCATION
Tuesday, February 12	10:00am – 12 noon	Unofficial Training (sit ski courses)	CNSC/Otway Nordic Centre
	12 noon – 3:00pm	Unofficial Training (standing courses)	CNSC/Otway Nordic Centre
Wednesday, February 13	9:00am – 3:00pm	Unofficial Training (all courses)	CNSC/Otway Nordic Centre
Thursday, February 14	9:00am – 3:00pm	Unofficial Training (all courses)	CNSC/Otway Nordic Centre
Friday, February 15	9:00am – 2:00pm	Official Training BT Middle	CNSC/Otway Nordic Centre
	4:00pm – 5:30pm	Team Captains Meeting	Courtyard Marriott Fir Room
	6:00pm	Opening Ceremonies	Canada Games Plaza
Saturday, February 16	10:00am – 3:30pm	BT Middle	CNSC/Otway Nordic Centre
	3:30pm – 5:00pm	Official Training CC middle	CNSC/Otway Nordic Centre
	5:00pm – 6:00pm	Team Captains Meeting	Courtyard Marriott Fir Room
	7:00pm	Victory Ceremonies	Prince George Civic Centre Auditorium 101
Sunday, February 17	10:00am – 1:45pm	CC middle	CNSC/Otway Nordic Centre
	2:30pm – 4:00pm	Official Training CC sprint	CNSC/Otway Nordic Centre
	5:00pm – 6:00pm	Team Captains Meeting	Courtyard Marriott Fir Room
	7:00pm	Victory Ceremonies	Prince George Civic Centre Auditorium 101
Monday, February 18	10:00am – 2:30pm	CC Sprint	CNSC/Otway Nordic Centre
	7:00pm	Victory Ceremonies	Prince George Civic Centre Auditorium 101
Tuesday, February 19	9:00am – 4:00pm	Training (Non-competition)	CNSC/Otway Nordic Centre
	5:00pm – 6:00pm	Team Captains Meeting	Courtyard Marriott Fir Room
Wednesday, February 20	10:00am – 2:35pm	BT Sprint	CNSC/Otway Nordic Centre
	2:45pm - 4:45pm	Official Training BT	CNSC/Otway Nordic Centre
	5:00pm – 6:00pm	Team Captains Meeting	Courtyard Marriott Fir Room
	7:00pm	Victory Ceremonies	Prince George Civic Centre Auditorium 101
Thursday, February 21	10:00am – 4:00pm	BT Individual	CNSC/Otway Nordic Centre
	7:00pm	Victory Ceremonies	Prince George Civic Centre Auditorium 101
Friday, February 22	10:00am – 4:00pm	Non-competition	CNSC/Otway Nordic Centre
	10:00am – 2:00pm	Official Training CC Long	CNSC/Otway Nordic Centre
	2:00pm – 4:00pm	Official Training CC Relay	CNSC/Otway Nordic Centre
	5:00pm	Team Captains Meeting	Courtyard Marriott Fir Room
Saturday, February 23	10:00am – 11:35am	CC Relay	CNSC/Otway Nordic Centre
	12 noon – 3:00pm	Official Training CC long	CNSC/Otway Nordic Centre
	5:00pm	Team Captains Meeting	Courtyard Marriott Fir Room
	7:00pm	Victory Ceremonies	Prince George Civic Centre Auditorium 101
Sunday, February 24	10:00am – 2:00pm	CC Long Relay	CNSC/Otway Nordic Centre
	5:00pm	Victory Ceremonies	Prince George Civic Centre Auditorium 101
	6:15pm	Closing Ceremonies	Prince George Civic Centre Auditorium 101
	7:00pm	Celebration Banquet	Auditorium 102/103

USEFUL WEBSITES & SOCIAL MEDIA INFORMATION

All relevant information about the Prince George 2019 World Para Nordic Skiing Championships can be found on the following website

www.paralympic.org/prince-george-2019

www.2019worldparanordic.ca

STATISTICS AND BIOGRAPHIES CAN BE FOUND HERE:

www.paralympic.org/nordic-skiing

ATHLETES TO WATCH FOR THE 2018/2019 PARA NORDIC SEASON CAN BE FOUND HERE:

www.paralympic.org/nordic-skiing/athletes/ones-to-watch-athletes

OTHER IMPORTANT WEBSITE:

<https://princegeorge.ca>

<https://tourismpg.com/>



CLASSIFICATION

Classification provides a structure for the competition. Classification is undertaken prior to competition to ensure that the athlete's impairment is relevant to the sport category and to ensure that an athlete competes equitably with other athletes.

Following the classification evaluation process a sport class and sport class status is assigned to each athlete, in reference to an activity limitation resulting from impairment.

Para Nordic athletes are classified according to the following table:

CATEGORY	CLASS	REGION IMPAIRMENT	MAIN SPORT EQUIPMENT AND DEGREE OF IMPAIRMENT
STANDING	LW2	Impairment in one lower limb (ex. above knee)	Skiing with 2 skis and 2 poles
	LW3	Impairments in both lower limbs	Skiing with 2 skis and 2 poles
	LW4	Impairment in one lower limb (ex. below knee)	Skiing with 2 skis and 2 poles
	LW5/7	Impairments in both upper limbs	Skiing with 2 skis and no poles
	LW6/8	Impairment in one upper limb	Skiing with 2 skis and 1 pole
	LW9	Impairments in one upper limb and one lower limb	Equipment of choice but with 2 skis
SIT SKI	LW10, 10.5	Impairments in both lower limbs (no sitting balance)	Sit-ski
	LW11, 11.5	Impairments in both lower limbs (fair sitting balance)	Sit-ski
	LW12	Impairments in both lower limbs (good sitting balance)	Sit-ski
VISUALLY IMPAIRED	B1	Slight to no light perception in either eye	Skiing with 2 skis and 2 poles. Must ski with a guide
	B2	Up to visual acuity of 2/60 and/or visual field of less than 5 degrees	Skiing with 2 skis and 2 poles. Must wear black glasses
	B3	Up to visual acuity of 6/60 and/or visual field of less than 20 degrees	Skiing with 2 skis and 2 poles. May ski with a guide



LIST OF PARTICIPATING COUNTRIES

Armenia	ARM
Austria	AUT
Belarus	BLR
Canada	CAN
Finland	FIN
France	FRA
Georgia	GEO
Germany	GER
Great Britain	GBR
Japan	JPN

Kazakhstan	KAZ
Republic of Korea	KOR
Mongolia	MNG
Norway	NOR
Poland	POL
Sweden	SWE
Tajikistan	TJK
Ukraine	UKR
United States of America	USA

VENUE INFORMATION

COMPETITION VENUE

CALEDONIA NORDIC SKI CLUB (CNSC)

8141 Otway Road
Prince George, British Columbia, Canada
V2M 7B4

INFORMATION FOR THE COMPETITION VENUE

The Caledonia Nordic Ski Club is a non-profit society and owns and operates the Otway Nordic Centre. The Nordic Centre is located within the City of Prince George, British Columbia. The stadium is approximately 610 metres above sea level. The venue has 10km of FIS homologated competition courses and has a 30 lane biathlon range as well as a cross country ski stadium and a biathlon stadium (each with technical buildings). In addition to the competition facilities, the Nordic Centre also has approximately 50km of groomed cross-country ski trails. The CNSC regularly hosts local, regional, provincial and national and North American level races (both cross-country and biathlon). In addition to the winter activities, the Nordic Centre also has over 40km of single-track trails (used for mountain biking, trail running, hiking). The Nordic Centre also hosts mountain bike programs, camps and races, and is also the venue for trail running races/marathons, and obstacle races.

HOW TO GET TO THE COMPETITION VENUE

The Caledonia Nordic Ski Club is 15–20 minute drive from the downtown hotels. The most common route is to drive west on 15th Avenue until arriving at the intersection of Foothills Boulevard at which point you turn right (north). Proceeding north on Foothills Boulevard for approximately 4 km, and then take the ramp to the right to Otway Road. At the top of the ramp, turn left (west) and then proceed approximately 4.5km to the Caledonia Nordic Ski Club (on the left).

Media cannot travel on the shuttles (as teams and athletes will be on them). It's best they use their own vehicles (local) or rent transportation. Parking passes for media will be issued (picked up beforehand with prior arrangement with Kim H). Media may find it most convenient to rent vehicles.

The following link provides preferred rates for car rentals.

<http://travel.localhospitality.com/bccc/travel-bccc.html>

Budget Car Rental (Prince George)

Phone: 1-888-368-7368

Email: paranordic@budget.com

CEREMONIES VENUE

INFORMATION FOR THE CEREMONIES VENUE

The Opening Ceremonies, Medal Ceremonies and Closing Ceremonies will be held at the Prince George Convention and Civic Centre (PGCCC). The open ceremonies will be hosted outside in the Canada Games Plaza (adjacent to the PGCCC). All medal ceremonies and closing ceremonies will be held inside the PGCCC in auditorium 101.

HOW TO GET TO THE CEREMONIES VENUE

The ceremonies venue is located at the Prince George Convention and Civic Centre, located centrally in downtown Prince George at 808 Canada Games Way (adjacent to the Courtyard by Marriott Hotel and the Coast Hotel).

INFORMATION FOR MEDIA

ACCREDITATION

Access to areas for the Prince George 2019 World Para Nordic Skiing Championships will be controlled using accreditation. Media must register through the accreditation system <https://www.paralympic.org/prince-george-2019/media>. It is required that all media wear their accreditation at all times in the competition and ceremonies venues.

Media will receive an accreditation card as follows:



Media are identified in yellow on their accreditation, and media access is identified by a “4” on the accreditation. Media and photo areas are identified in yellow on the venue maps at the back of this guide, page 25.

Media can obtain their Media Accreditation from the Media Office (at the Competition Venue) or through prior arrangement with the Media/Press Liaison (Kim Hayhurst, email: khayhurst@2019worldparanordic.ca)

The media accreditation is strictly personal. It can be delivered by presenting an identity card and your press card. It may not be transferred to another person. If you lose your accreditation, all access will be denied in accredited areas. Lost accreditation cards must be reported immediately. A replacement accreditation can be requested from the Accreditation Centre (venue race office) by presenting a valid passport or identity card. A \$75 (CAD) fee will be charged for the replacement of the accreditation card.

Please note that if you do not respect the rules, your accreditation could be removed at any time by the Local Organizing Committee (LOC).

For any questions or assistance on accreditation, please contact the LOC Accreditation Coordinator:

LOC ACCREDITATION COORDINATOR

TRACY SAPERGIA

Phone: +1 (778) 349-0083

Email: tlsapergia@gmail.com

MEDIA PERSONNEL

For better recognition, media personnel is required to wear media bibs in the stadium zone. These bibs are available free of charge in the Media Centre during the entire competition, and must be returned at the end of the competition.

MEDIA ZONES

In the stadium, media will get an accreditation.

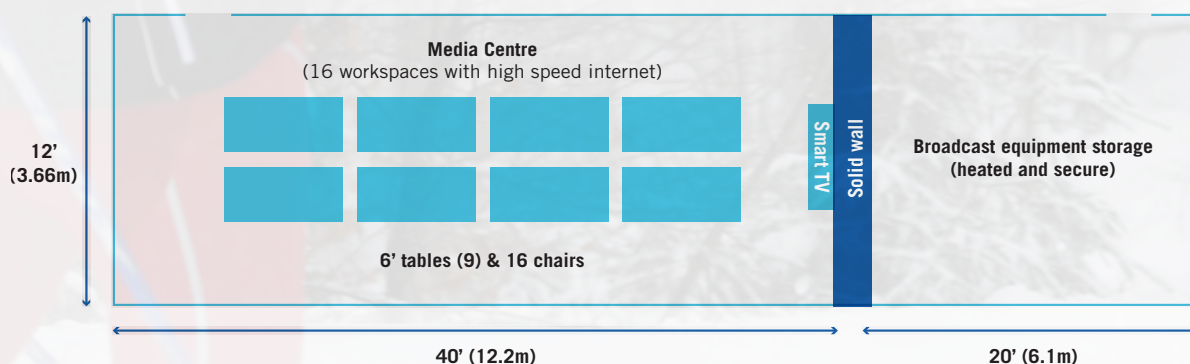
This allows access to:

- The media centre
- The mixed zone
- The media zone (limited space)
- Positions for photographers

(See stadium map on page 23).

MEDIA CENTRE

The media centre is located in a modular building in parking lot #2. It is the primary workspace for accredited media and written press. This is a heated office area which is open daily from 8:45am to 4:00pm.



This area is supplied:

- 120V power (60 Hz) (Note: transformers/adapters are not provided. Please bring any transformers/adapters you may require)
- High speed internet (wired/wireless) – 100 Mbps upload/download.

Media personnel are advised to take their belongings with them. The LOC is not responsible for damage or loss of any belongings or equipment.

Seats and desk space in the Media Centre will be on a first come first served basis, and will not be assigned. The high speed internet will be available free of charge in the media centre and wireless internet throughout the venue. Please be advised this is a shared connection.

All updates, results and important information will be published on www.2019worldparanordic.ca

MIXED ZONES

The mixed zone is located near the finish line in the stadium (see map on page 23). At the end of each event all athletes will be invited to exit the competition arena via the Mixed Zone.

Media are ONLY allowed to conduct interviews within this area. Interviews should be kept short and will take place immediately after athletes have competed.

GUIDE TO REPORTING ON PEOPLE WITH AN IMPAIRMENT

Please refer to the following document from the International Paralympic Committee for reporting on persons with an impairment.

https://m.paralympic.org/sites/default/files/document/141027103527844_2014_10_31+Guide+to+reporting+on+persons+with+an+impairment.pdf



MEDIA SERVICES

TRANSPORTATION – GETTING TO AND GETTING AROUND PRINCE GEORGE

AIR TRAVEL

Prince George International Airport (YXS) is located approximately 10km from downtown Prince George (hotels, ceremonies) and approximately 25 km from the competition venue. More information for the airport is available at <https://www.pgairport.ca/>.

The Prince George International Airport is serviced by two major airlines with 10-12 flight daily between Vancouver (international gateway) and Prince George:

- Air Canada (aircanada.com) – member of Star Alliance
- Westjet (westjet.com)

CAR RENTAL

There are several car rental agencies on site at the Prince George Airport (see www.yxs.ca)

Preferred rates are available through Budget Car Rental (Prince George).

Phone: 1-888-368-7368

Email: paranordic@budget.com

PUBLIC TRANSPORTATION

There is public bus service within the city of Prince George, but **please be advised that there is no public bus service to the competition venue**. As media are not able to use the athlete shuttles, car rental is the best option for media

PARKING

Parking passes will be issued to accredited media and must park in the designated parking spots at the venue. It is possible to drop off equipment near the Media Centre, but media cannot park near the media centre.

ACCOMMODATION

For the Prince George 2019 World Para Nordic Skiing Championships, the LOC has negotiated preferential rates for media at the Prince George Pomeroy Inn and Suites (the official host hotel). Please book at the following link: <https://reservations.travelclick.com/107327?groupID=2455414>

For questions regarding accommodations, please contact our Event Manager, Heidi Martel (hmartel@2019worldparanordic.ca).

FOOD SERVICES

A café will be located on the upper floor of the main ski lodge building and is accessible by wheelchair. Drinks, snacks and lunch can be purchased a la carte. Breakfasts and dinners will be at your expense and can be available at your hotel and/or there are many fine restaurants and cafes located around the hotels in the downtown area. <http://tourismpg.com/restaurants>

ACCESSIBILITY

The entrance to the media centre and the mixed zone is accessible for persons with an impairment/wheelchair. Access to the mixed zone will be compacted snow.



CEREMONIES & SPECIAL EVENTS

OPENING CEREMONY

The opening ceremonies for the Prince George 2019 World Para Nordic Skiing Championships will take place on Friday February 15 starting at 6:00pm in the Canada Games Plaza located in front of the Prince George Civic and Convention Centre (address: 808 Canada Games Way, Prince George, BC V2L 5L1).

The ceremonies will feature speeches from the LOC, local dignitaries, the IPC, and will have an entertainment component with original song composed specially for the World Championships from a local songwriter (Sage Bialuski), and also elements that highlight and honour the culture and traditions of the Lheidli T'enneh First Nation (whose traditional territory on which the world Championships are being held. For more information on the Lheidli T'enneh First Nation please visit their website www.lheidli.ca)

OPENING CEREMONY SCHEDULE:

6:00pm – Start of Opening Ceremony

- Parade of the delegations
- Presentation of the Canadian flag and national anthem
- Speeches
- Presentation of the Paralympic flag and Paralympic anthem
- Oathes (Athletes, Officials, Coaches)
- Entertainment component
- Delegations depart

7:00pm – Conclusion of Opening Ceremony

RECOGNITION CEREMONIES

Recognition ceremonies will be at the venue and will be conducted as soon as the first three finishers for each race can be determined. These will be very short ceremonies (3-5 minutes) and be held in the designated space in the stadium between the finish area and the mixed zone. Media are advised to pay close attention to the races as these ceremonies will occur at a moments notice.

MEDAL CEREMONIES

The medal ceremonies will be held each evening starting at 7:00pm on each competition day (refer to competition schedule on page 8). The medal ceremonies will be held inside the Prince George Civic and Convention Centre in auditorium 101. (Address: 808 Canada Games Way, Prince George, BC V2L 5L1).

A competition schedule will be provided to all media each morning in the media centre. It is available online during the whole competition at www.2019worldparanordic.ca.

CLOSING CEREMONIES

Similar to the medal ceremonies, the closing ceremonies will also be held inside the Prince George Civic and Convention Centre in auditorium 101. (Address: 808 Canada Games Way, Prince George, BC V2L 5L1).

The final medals of the competition will be presented, and then the closing ceremonies will commence immediately.

CLOSING CEREMONY SCHEDULE:

6:15pm – Start of Closing Ceremony

- Parade of the delegations
- Presentation of the Canadian flag and national anthem
- Speeches
- Lowering of the Paralympic flag and Paralympic anthem
- Delegations depart

7:00pm – Conclusion of Closing Ceremony/ Start of the Celebration Banquet



GENERAL INFORMATION

VOLUNTEERS

Volunteers for the Prince George 2019 World Para Nordic Skiing Championships will be wearing black branded winter jackets.

LOCAL ORGANIZING COMMITTEE (LOC)

The Local Organizing Committee are also volunteers and will be wearing the same black branded winter jackets. If required, members of the LOC can be contacted through the race office.

The media/communication liaison (Kim Hayhurst) will be available at the media centre.

MEDICAL INFORMATION/ MEDICAL EMERGENCY PROCEDURES

SKI PATROL/FIRST AID

The Caledonia Nordic Ski Club has on-site official Ski Patrol. Their first aid room is located adjacent to the race office on the lower level of the main lodge. They are responsible for administering first aid at the competition venue both on and off the field of play.

BC AMBULANCE

For emergency medical needs only, a dedicated ambulance from BC Emergency Health Services will be stationed and staffed with advance life saving paramedics for all competitions and official training times.

MEDICAL OFFICE

The medical office is located in the lower lodge beside the Ski Patrol room and near the on-site ambulance. The medical office is indicated by a large red vertical banner with the words "Medical Services". The medical office will be staffed by the Chief Medical Officer (Dr. Jacqueline Pettersen) and other medical doctors for all competitions and official training times.

An AED device is also located in the medical office, and when the cabinet is opened, it will automatically trigger an alarm to dispatch emergency services.

SECURITY

VENUE SECURITY

During the competition (including training days), there will be 24-hour security at the venue.

Daytime security will include course and stadium marshals (to control access according to accreditation). As such, accreditation is required to be worn at all time when on the competition venue.

THE CHIEF OF SECURITY IS MR. DERK GROOTEN

Mobile Phone: 250 552 8836

Email: derkgrooten@yahoo.com

PHONE 911 – CONTACTING POLICE OR OTHER EMERGENCY SERVICES

In case of emergency of any kind, dial 911 (on any kind of phone). You will be asked what kind of services are necessary (fire, ambulance and/or police) and may be asked the location (if calling from a mobile phone). The address of the competition venue is **8141 Otway Road, Prince George, BC V2M 7B4.**



PRINCE GEORGE AT A GLANCE

GENERAL INFORMATION

Canada has a total of ten Provinces and three territories. Prince George is a city in the central interior of the province of British Columbia. With a population of approximately 80,000, Prince George is the largest city in Northern British Columbia. Situated at the junction of two major rivers and along western foothills of the Rocky Mountains, Prince George is well known for its surrounding natural attractions (rivers, lakes, forests, mountain, wildlife) and associated year-round activities (Nordic/alpine/backcountry & Heli skiing, mountain biking, hiking, canoeing, fishing). Prince George boasts all the amenities of a major city: contemporary and locally inspired dining, unique shops, craft breweries, winery, farmers market and a vibrant culture.

The Caledonia Nordic Ski Club is one of Canada's largest Nordic clubs and one of Prince George's most popular family-oriented year round outdoor playgrounds. In addition to Nordic skiing and biathlon other fun winter activities include snowshoeing and winter fat biking. In the summer, the facility is home to Nordic dry-land training, mountain biking (including kids programs), hiking, trail running and hosts events such as the Mad Moose Marathon (trail running), Mudd Sweat and Tears (obstacle race), Cross cycle and mountain biking events.

CURRENCY

The Canadian dollar is the only currency accepted in Canada. Foreign currencies can be exchanged into Canadian dollars at any bank (several banks are located near the hotels in the downtown area). Canadian dollars can also be obtained from any ATM. Credit cards are also widely accepted (and it is extremely rare for additional fees to be charged for using a credit card in Canada). Please note, there are no ATMs at the competition venues, but credit card and debit cards are accepted for purchases.

RESTAURANTS

The many local eateries are well known for preparing enticing offerings. Whether its breakfast, brunch, lunch, dinner, drinks or something in between, you are bound to find something delicious. For a complete list of the many casual/fine dining restaurants, cafes, pubs and local brew houses please visit the Tourism Prince George website. <http://tourismpg.com/restaurants>

ELECTRICITY

The standard electrical service in Canada is 120 Volts and the standard frequency is 60 Hz. The media centre will have 120 Volts outlets. Electrical connectors (plugs) are either 2-pin (Type A) or 3-pin with ground (Type B) (see below). All electrical receptacles in the media centre will be Type B sockets and accept both 2-pin or 3-pin plugs.



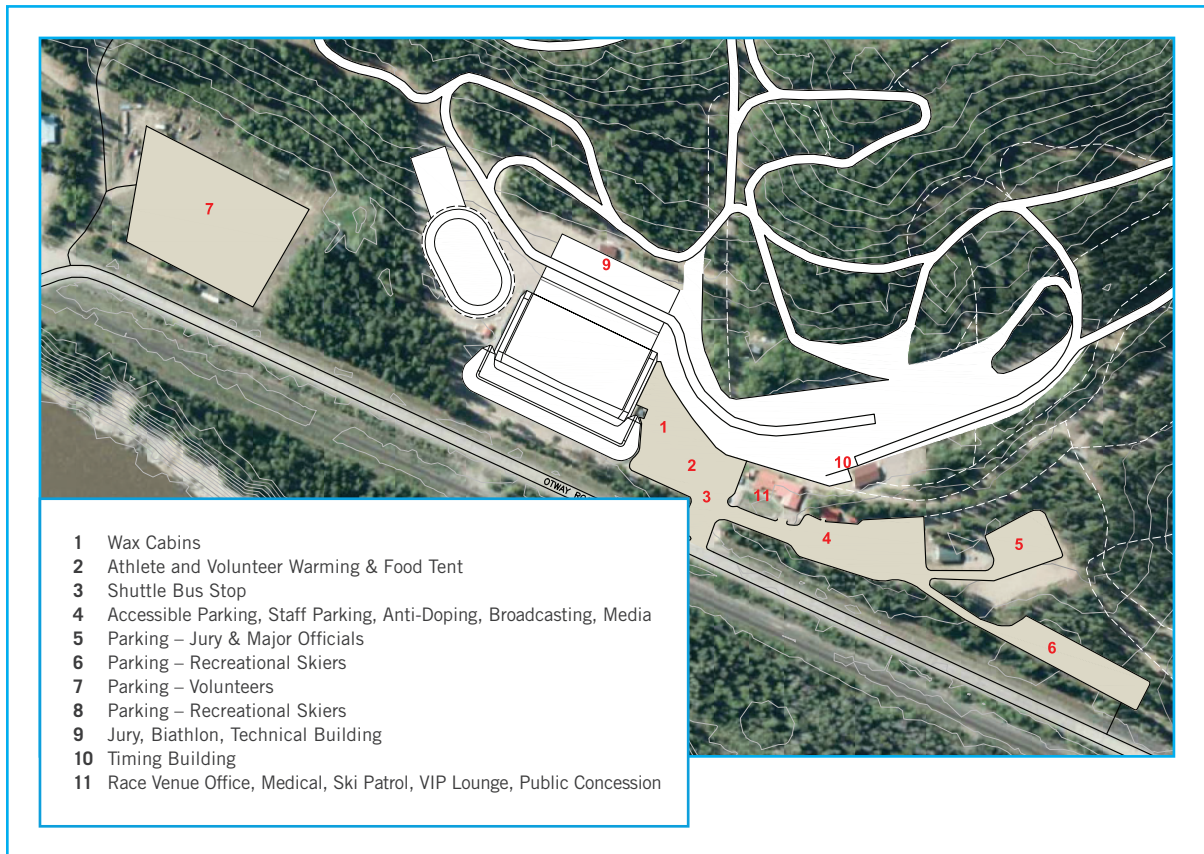
Type A: This socket has no alternative plugs



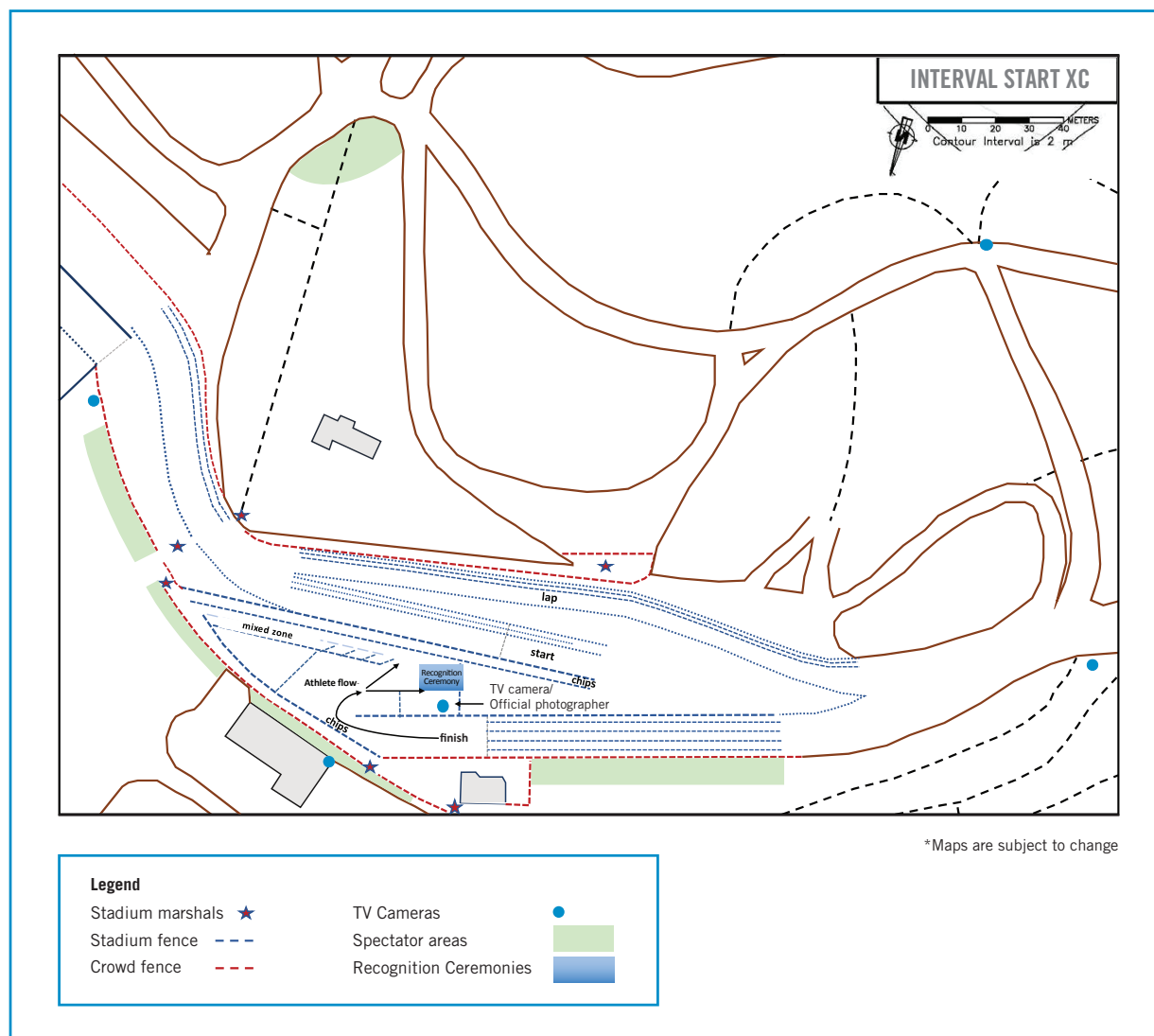
Type B: This socket also works with plug A

COMPETITION VENUE PLAN

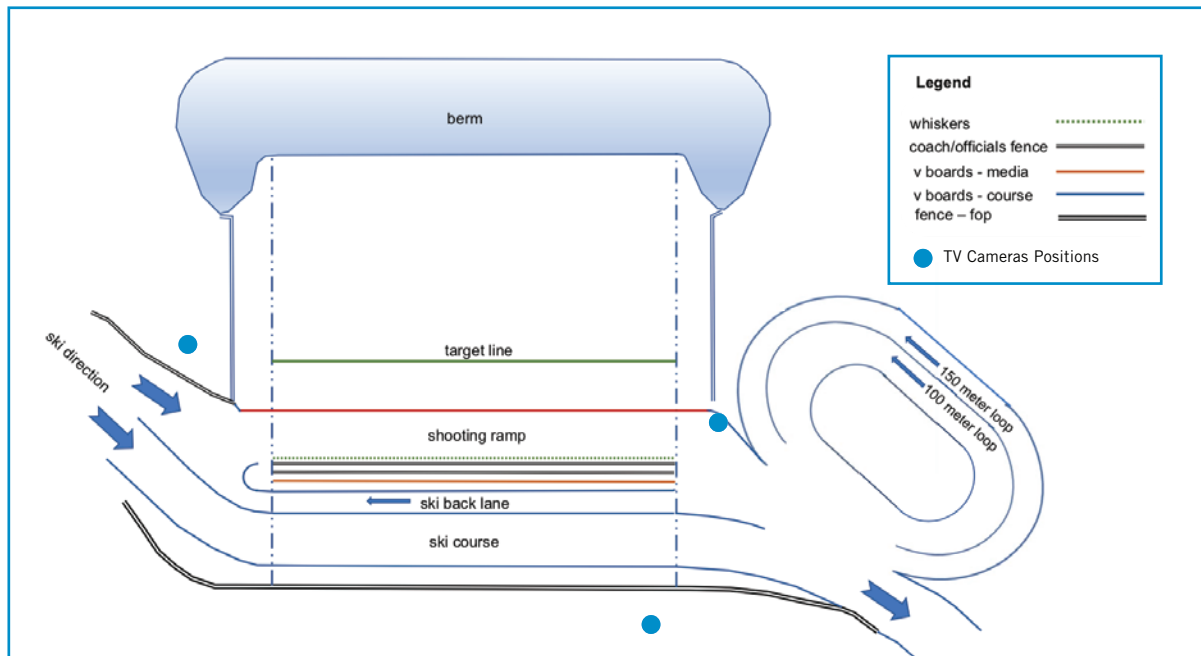
VENUE MAP



MAIN STADIUM – TV CAMERA POSITIONS (INCLUDING RECOGNITION CEREMONIES)

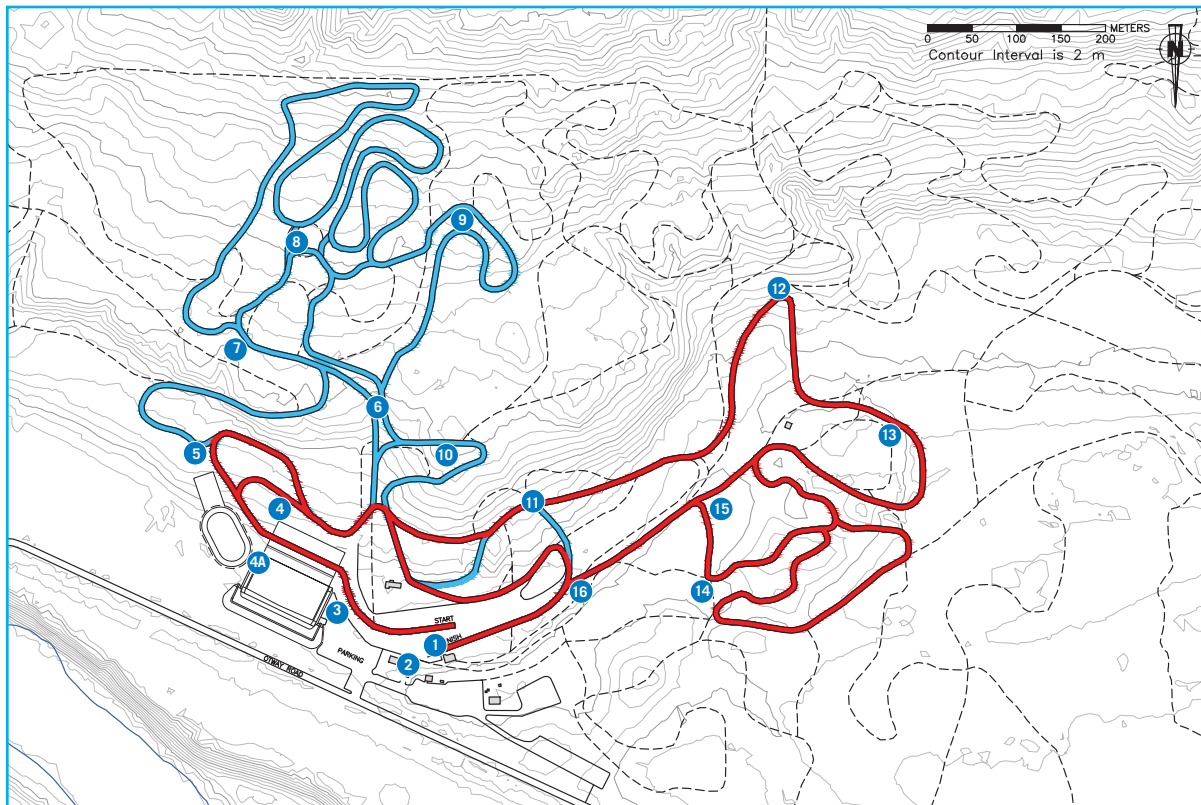


BIATHLON RANGE – TV CAMERA POSITIONS



*Maps are subject to change

COURSE – TV CAMERA POSITIONS

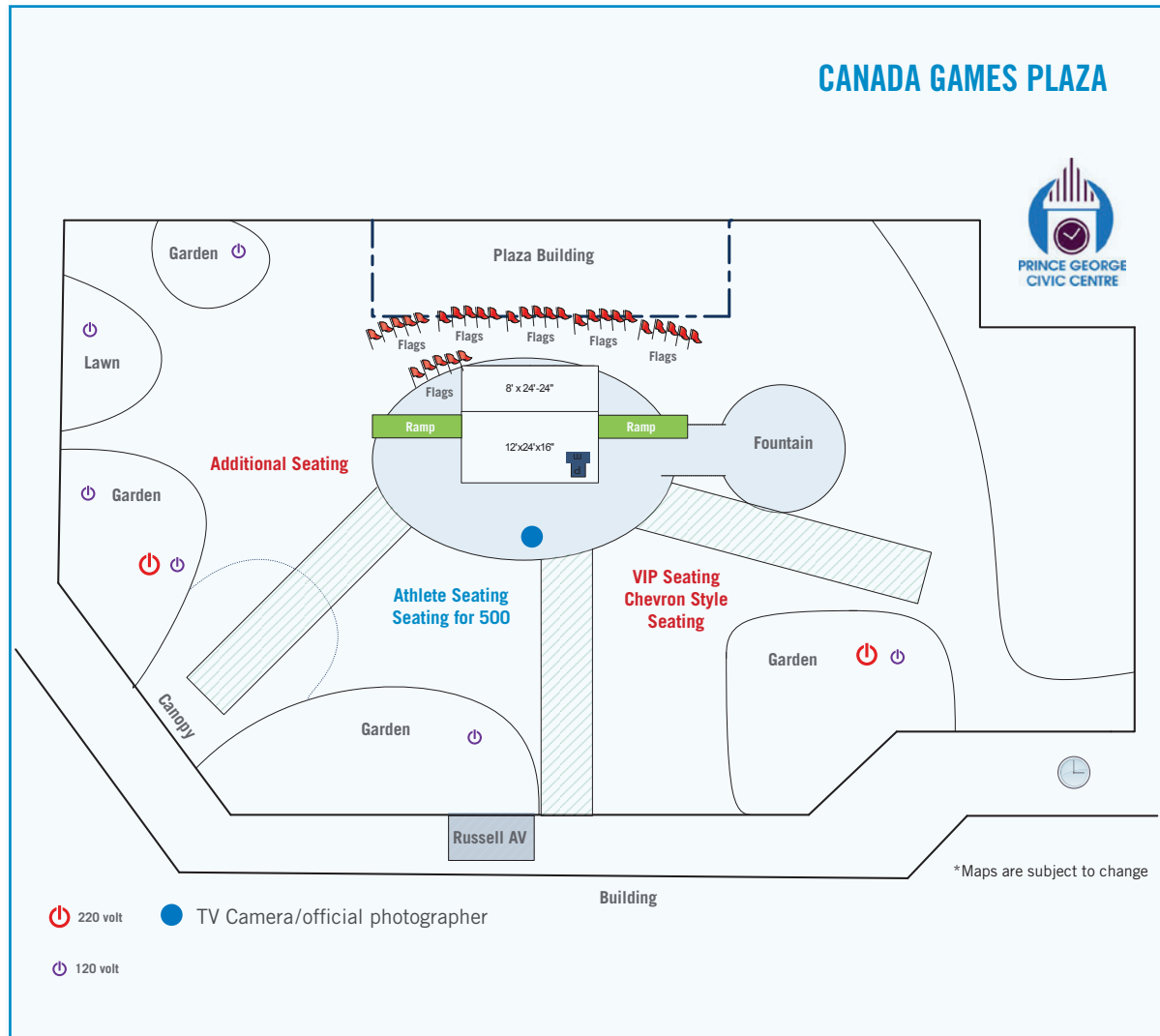


● TV Cameras positions

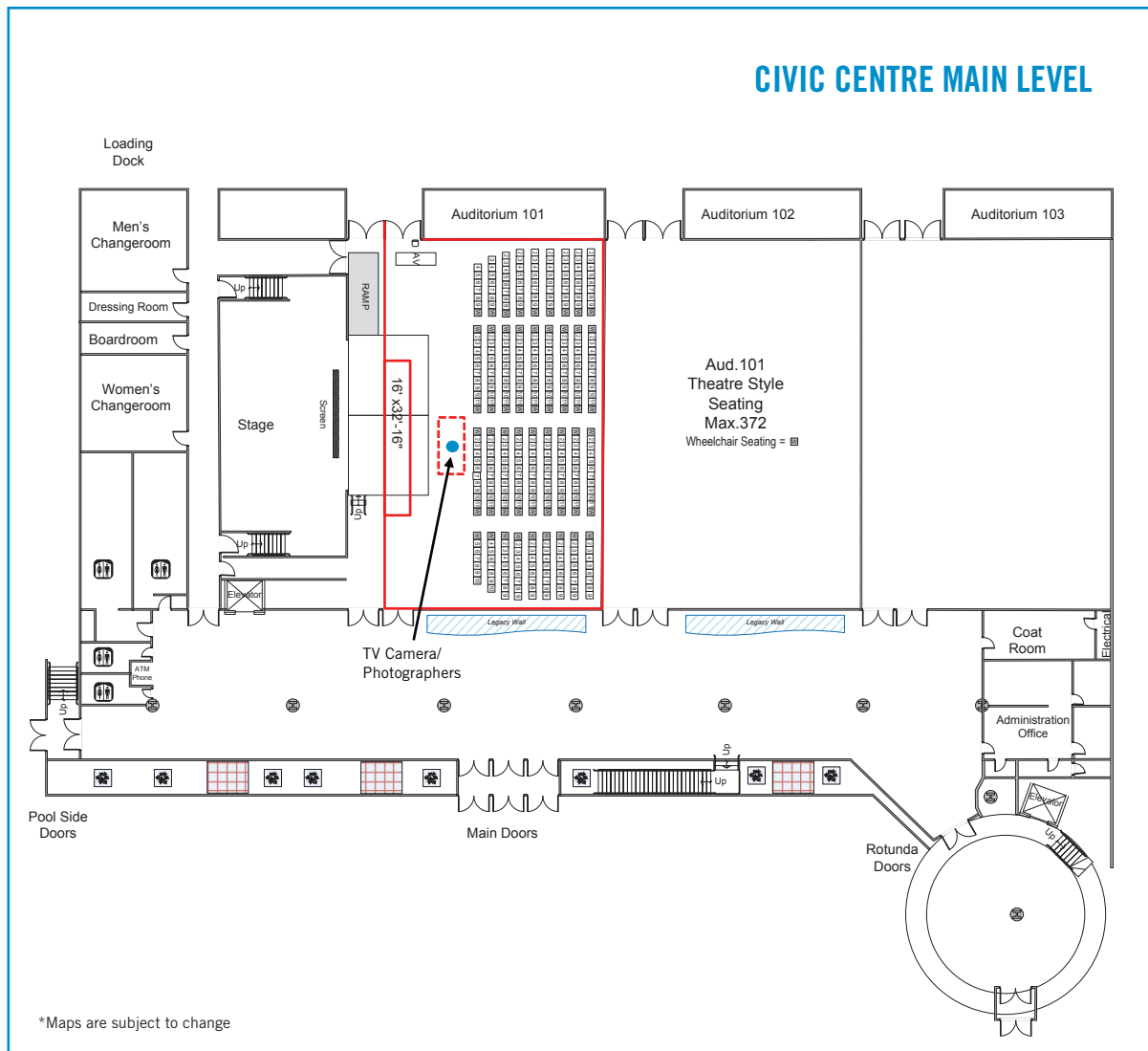
*Maps are subject to change

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