



International
Paralympic
Committee

IPC Governing Board Biography Sheet

Name: Debra Geraldine Alexander

Position: Member at Large

Nationality: South African

Date and Place of Birth: 16 March 1958



Major contributions to sport for athletes with an impairment

- South African Sport Confederation and Olympic Committee (SASCOC) Executive Board Member (current) Portfolio: High Performance for NOC and NPC athletes
- International Triathlon Union Executive Board Member (2016 - current) Portfolio: Paratriathlon and Medical and Anti-Doping Committees
- African Triathlon Union – 1st Vice President (current)
- International Triathlon Union Executive Board Member (2012 -2016) Portfolio: Paratriathlon, Technical and Coaches Committees
- African Triathlon Union Executive Board Member (2012- 2016)
- International Triathlon Union Para-Triathlon Committee member (2010 to 2012)
- SASCOC Medical and Anti-Doping Commission Psychology representative (2015-2016)
- President National Federation of Triathlon South Africa (2009 - 2016)
- South African Rugby Union MTBI and Neurodegenerative Working Group Member (2012/13)
- SASCOC High Performance Advisory Committee Member (2013 -2014)
- IRB Junior World Championship Medical Team – Psychologist, South Africa (2012)
- SASCOC Medical and Anti-Doping Commission member – Psychology representative (2009 to 2012)

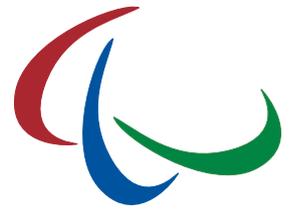
Professional career

- Clinical Psychology and Neuropsychology Private Practice; Senior Lecturer and Programme Coordinator of the MPhil Mindfulness Degree in the Department of Psychiatry, Medical and Health Sciences Faculty, Stellenbosch University and Psychology Department, University of the Western Cape.

International Paralympic Committee

Adenauerallee 212-214 Tel. +49 228 2097-200
53113 Bonn, Germany Fax +49 228 2097-209

www.paralympic.org
info@paralympic.org



Other appointments held

- Previously Head of the Department of Clinical Psychology at Tygerberg Hospital and Head of Clinical Psychology Academics, Research and Teaching in the Department of Psychiatry, Medical and Health Sciences Faculty, Stellenbosch University.

Volunteer positions

- All major contributions outlined above are voluntary.

Education

- 2015: Postgraduate Certification in Mindfulness Based Interventions (SU)
- 2009: PhD in Neuropsychology/Sport (UWC)
- 2002: MSoc Sc in Clinical Psychology (Rhodes University)
- 1998: BSoc Sc (Hons) Degree (distinction) (UCT)
- 1997: BSoc Sc Degree (distinction in Psychology & Xhosa II) (UCT)
- 1987: Post Graduate Diploma for Educators of Adults – (UCT)
- 1983: Midwifery Diploma (distinction) – (Carinus Nursing College/Mowbray Maternity Hospital)
- 1979: General Nursing Diploma (distinction) – (Carinus Nursing College)

Awards

- 2015: ATU Award (Sport Administration (Triathlon) in South Africa and African Continent)
- 2015: Nomination for South African Sports Awards (Category Administration)
- 2014: Winner of South African Sports Award (Category Federation of the Year)
- 2013: Nomination for South African Sports Awards (Category Administration)
- 2012: Winner of the Most Influential Woman in Business and Government Award (Category Sport)
- 2012: Finalist in South African Sports Awards (Category Administration)

Languages

- English, Afrikaans and Xhosa

Hobbies

- Running, water skiing, travel