

## Education Course Agenda

### World Para Powerlifting National Level Referee Course

<b>Day 1</b>	
09:00	Introduction and welcome to IPC Powerlifting
10:00	Competition cycle, management and venue
11:00	Athlete classification and eligibility
12:30	Lunch break
13:30	Athletes passport and competition forms
14:30	AH Formula and minimum qualifying standards
15:00	Technical officials selection, roles and responsibilities
17:30	Question and answer
<b>Day 2</b>	
09:00	Day 1 re-cap
09:30	Competition processes
12:30	Lunch break
13:30	IPC Powerlifting technical rules and regulations
16:30	Lifter uniform and kit check
18:00	Question and answer
<b>Day 3</b>	
09:00	Day 2 re-cap
09:30	Competition rules
11:30	The bench press
12:00	Technical rules
12:30	Lunch break
13:30	Course re-cap
14:30	Exam & Competency Assessment
17:30	Questions and finish

\*Please note that all timings and the topic order can be subject to change without prior notice. Two additional refreshment breaks will be included daily at the discretion of the educator when necessary.