



A stylized logo for the 2015 IPC Swimming World Championships, consisting of a red and orange figure with arms raised, positioned above the text "2015 IPC SWIMMING WORLD CHAMPIONSHIPS" in a bold, sans-serif font. The year "2015" is in a gradient of orange and red. Below this, the text "GLASGOW 13-19 JULY" is written in a smaller, orange, sans-serif font.

TEAM LEADER MANUAL



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CONTENTS

1. Welcome	3
2. Organisation and Contacts.....	4
3. General Information	5
4. Competition Information	7
5. Classification.....	12
6. Medical and Anti-Doping Information	12
7. Glasgow at a Glance.....	13
Appendix 1: Competition Schedule.....	16
Appendix 2: Floor Plan Swimming Pool Overall	17
Appendix 3: Floor Plan Swimming Stadium.....	18



Our vision:

The IPC Swimming World Championships aims to deliver a pioneering platform for performance that inspires the athletes, volunteers and community to be at their best; whilst igniting a powerful legacy of Para Swimming in Scotland.

1. Welcome

On behalf of the IPC 2015 local organising committee I am delighted to present to you the Team Leader Manual. We hope that this document provides you with the important information you need to compete.

As we approach the 1 year anniversary of the Glasgow 2014 Commonwealth Games, around 650 swimmers from over 50 countries will converge in Glasgow to compete over 7 days of competition in the **2015 IPC Swimming World Championships** at the Tollcross International Swimming Centre.

It's been astonishing to see the meteoric rise in the profile of Paralympic sport in the UK. London 2012 saw record tickets sales for the Paralympic Games accompanied by record TV audiences, with more than 40 million people watching the Paralympic Games on Channel 4. This momentum continued with the integrated sports program of the 2014 Commonwealth Games in Glasgow.

Further to this, Glasgow continues to build a formidable reputation as a host of international events, particularly swimming events, having sold out the 2013 Duel in the Pool and all 6 days of Swimming at the Commonwealth Games.

The committee is looking forward to welcoming you to Glasgow in July,

David Sparkes
CEO

British Swimming



On behalf of the International Paralympic Committee (IPC), I would like to welcome all of you to the 2015 IPC Swimming World Championships in Glasgow, Great Britain. With close to 650 athletes from 60 countries represented, the World Championships will reflect the scale and diversity of Paralympic Sport!

This Team Leaders' Manual will provide the information you need to be properly set up during competition, as well as with concise facts for easy reference. All facilities and support services listed will help you get the most out of your experience during the 2015 IPC Swimming World Championships.



I would like to thank each of you for your commitment in participating at the World Championships, as well as the Organising Committee for providing this useful tool during the event.

I wish you all memorable impressions that will last a lifetime!

Sir Philip Craven, MBE
President

International Paralympic Committee (IPC)

2. Organisation and Contacts

Local Organising Committee (LOC)

British Swimming is situated in Loughborough, in the East Midlands, in the United Kingdom.

Address: British Swimming
Pavillion 3,
3 Oakwood Drive,
Loughborough University,
LE11 3QF



Phone: +44 1509 640 263
Mobile: +44 7825 561 079
Email: natasha.cuthbert@swimming.org
Website: www.Glasgow2015.com

LOC Members:

Director of Events and LOC Chair:	Claire Davenport
Project Manager:	Natasha Cuthbert
Sport Manager:	Margaret Riach
Executive Director:	Barry Saunders
Legacy Manager:	Paul Wilson
Transport and Accommodation Manager:	Simon Hainsworth, CSE
Marketing and PR Manager:	Jon Duckworth, Eightyone600
Sports Presentation Manager:	James O'Brien, Progress Productions
Venue Manger:	Yvonne Greenlees

2.2 International Paralympic Committee (IPC)

The IPC is situated in Bonn, Germany:

Address: Adenauerallee 212-214
53113 Bonn
Germany

Phone: +49 228 2097 265
Fax: +49 228 2097 209

President: Sir Philip Craven
CEO: Mr. Xavier Gonzalez

IPC Swimming Main Contact Person

Name: Ms. Agnes Szilak - IPC Swimming Sport Senior Manager
E-mail: agnes.szilak@paralympic.org
Phone: +49 228 2097 265
Fax: +49 228 2097 209

3. General Information

Travelling to Glasgow, Scotland, UK.

Air

Glasgow airport (GLA) is the designated championships airport and situated 13kms to the west of the city. All journey times are between 20-25 minutes from the airport to the hotel.

Glasgow Airport is Scotland's main international gateway with most flights to and from Europe. Forty airlines fly from Glasgow to 80 destinations. It serves a handful of North American cities on the East and West Coasts of the USA and Canada.

Passports and visas

Any official delegation requiring official event invitations from British Swimming are requested to submit the below information for all members requiring visas to Natasha Cuthbert at natasha.cuthbert@swimming.org. This must be done as soon as possible in order for your visa to be processed in time.

Visa Information: First name, Surname, Date of Birth, Passport Number, Position in team

For further information visit: www.gov.uk/apply-uk-visa

Accommodation

The accommodation options range from 2 star to 5 star and provide a high level of service with good facilities including free wi-fi and adaptive bedrooms. The hotels have also been selected to allow for a simplified and unified transport system from the city centre to the training and competition venue.

Hotels Booked

Hotel Type	Name	Star Rating	Twin (pp)	Single
Championship Hotel Paralympic Family	Radisson Blu Hotel	5 Star	£75	£125
NPC Team Hotel	Hilton Hotel	5 Star	£75	£125
NPC Team Hotel	Crowne Plaza	4 Star	£65	£105
NPC Team Hotel	Marriott Hotel	4 Star	£65	£109
NPC Team Hotel	Jurys Inn	3 Star	£65	£109
NPC Team Hotel	Campanile	2 Star	£55	£90

For all hotels listed above, Glasgow 2015 will provide an extensive reservations service including personalised management of all bookings with on-site representation at all hotels by way of a Sports Information desk.

The LOC will also manage all rooming lists and meal requirements to ensure that all those attending the event benefit from the very best possible experience.

Full details of the booking process will follow shortly and the allocation will be operated on a first come first serve basis.

Meal Package

The meal package is included in the accommodation costs and no additional charges will be incurred to the NPC's. The package includes a two-course buffet lunch and a three-course buffet dinner. Lunch meals will be served at the hotel; however teams will be able to request a substantial packed lunch as an alternative to suit their needs.

Accommodation Transport

Transportation will be provided using dedicated bus routes.

The journey time will be no more than 30 minutes. Vehicles will be adapted with side lifts to ensure easy embarkation. The transport network will also extend to the media hotel.

These shuttle services will run on a regular basis considering the Championships training and competition timetables.

HILTON HOTEL-NPC TEAM HOTEL

Centrally situated in the city, this hotel dominates the skyline and has recently been refurbished to a very high standard. The hotel provides some rooms with two double beds and all accommodation is spacious and well presented.

The hotel also benefits from an indoor swimming pool and large gymnasium.

Rooms Reserved: 50 Twin rooms & 20 Single rooms (120 beds)

Fully accessible rooms: 8

Distance from Tollcross: 6.4kms / 15 minute drive

CROWNE PLAZA HOTEL-NPC TEAM HOTEL

Situated close to the convention centre on the River Clyde, this hotel is renowned for its spacious lobby and large restaurant as well as providing extensive conference facilities. The hotel also has a swimming pool and gym.

Rooms Reserved: 100 Twin rooms & 60 Single rooms (260 beds)

Fully accessible rooms: 4

Distance from Tollcross: 6.8kms / 20 minute drive

MARRIOTT HOTEL-NPC TEAM HOTEL

A quality four star property in the centre of the city with a large number of twin rooms including almost 100 with two double beds. The hotel has extensive conference facilities as well as a large swimming pool and gymnasium.

Rooms Reserved: 90 Twin rooms & 60 Single rooms (240 beds)

Fully accessible rooms: 7

Distance from Tollcross: 6.4kms / 15 minute drive

JURYS INN-NPC TEAM HOTEL

Located in the very centre of the city, the hotel has recently undergone a complete refurbishment and has the largest number of adaptive rooms of any hotel in the city.

Rooms Reserved: 100 Twin rooms & 60 Single rooms (260 beds)

Fully accessible rooms: 5

Distance from Tollcross: 5.9kms / 15 minute drive

CAMPANILE HOTEL-NPC TEAM HOTEL

Alongside the new Hydro arena, this small hotel provides comfortable accommodation as well as a restaurant and bar.

Rooms Reserved: 50 Twin rooms & 30 Single rooms (130 beds)

Fully accessible rooms: 4 (please contact the LOC for details of these rooms)

Distance from Tollcross: 6.7kms / 20 minute drive

Additional notes

The accommodation rates quoted for all hotels include:

- Accommodation at the selected property
- Extensive hot & cold buffet breakfast each morning
- Unlimited transportation between Glasgow airport and the hotel and vice versa
- Transportation between the hotel and venue on competition and training days
- Tax/VAT at 20%
- Unlimited Wi-fi service
- CSE co-ordination staff on site to manage all accommodation and transportation services

There is no minimum stay restriction and teams are able to extend or reduce this duration to suit their flight and training/competition programme whilst in Glasgow.

Accreditation

The IPC will offer on-line accreditation for all NPCs via the Championships website. The IPC Athletes' Database (SDMS) will be used for all the athletes entered in the competition, while the NPCs are requested to register the Team staff members (coach, physiotherapist, support staff, doctor, etc.) via the on-line accreditation tool to be opened in May. All NPCs will be informed further on the accreditation procedure by e-mail.

The accreditation cards will be provided to the Team Leader once the Delegation Registration Meeting (DRM) is completed.

As the access to all Championships Zones will be controlled, everyone is requested to wear their accreditation cards visibly at all times, during both the training and competition period. The accreditation card is a personal belonging, transferring it to another person is prohibited.

All athletes and approved support staff have to present their accreditation card when checking into the Call Room prior to their event.

Lost accreditation cards must be reported immediately to the LOC. For a replacement card, the athlete and the Team Leader must report at the accreditation desk in the competition venue and present a valid passport or identity card of the athlete. A 25£ fee has to be paid upon replacement of the accreditation card.

For questions regarding accreditation please contact the IPC Swimming office:

Name: Tracy Glassford

E-mail: tracy.glassford@paralympic.org

Delegation Registration Meeting (DRM)

A Delegation Registration Meeting will be scheduled at a Championships hotel with each participating NPC taking into consideration their arrival time to Glasgow and their training schedule. A meeting point and a detailed schedule for the DRM will be developed in consultation with each NPC following the provision of arrival information.

During the DRM the following key information will be confirmed with each Team Leader individually:

- Staff entry
- Accreditation information
- Sign off the national anthem and national flag **
- Transport arrangements
- Training arrangement

** Note:

The NPC's are obliged to send the correct short version of their national anthem (max. 60 seconds) and a correct image in colour of the national flag to natasha.cuthbert@swimming.org by 8th June 2015.

4. Competition Information

Competition Venue

This year's competition will be held at the Tollcross International Swimming Centre. The venue is owned by Glasgow City Council and has been extensively refurbished and extended. The existing 50 metre, 10-lane pool has been joined by a new 50m, six-lane warm-up and training pool, ensuring world-class facilities for the event.

The full address for the pool is:
Tollcross International Swimming Centre
367 Wellshot Rd
Glasgow
G32 7QP

Championships dates

The official dates of the 2015 IPC Swimming World Championships are:

Arrival of the teams:	9-10 July
Training period:	10-12 July
Classification period:	10 - 12 July
Opening Ceremony:	13 July
Competition period:	13 - 19 July
Closing Ceremony:	19 July
Departure of the teams:	20-21 July

The Championships Schedule can be found as Appendix 1 at the end of this document.

Training

Training will take place in the competition pool, 10 lane 50m pool and training pool, 6 lane 50m pool. During the training period NPC training times and lanes will be allocated for each team.

There are two training sessions scheduled daily, from 07:00 – 13:00 and from 14:00 – 20:00. For each team 1.5 hours training time is reserved. The training schedule will be published two weeks prior to the beginning of the Championships.

During competition, the competition pool will be open for training after the morning sessions finishes until 14:00. From 14:00 until 16:00 both the competition and training pool will be closed. The pool will then be open for training and warm up for evening sessions at 16:00. Please see also point 4.5 (Opening and Closing Ceremony) for the first competition day. Exact times of pool closers are subject to change pending the final entries.

Competition procedures

Warm-up and swim-down

The competition pool and training pool will be available for warm-up for a minimum of 1.5 hours prior to each session:

Before the heats 08:15 – 09:45

Before the finals 16:00 – 17:45

For the safety of all swimmers please make sure everyone follows the guidelines for the lanes and the instructions of the safety marshals.

The 6 lane 50m training pool will be available for warm-up/swim-down during and after the sessions.

Changing rooms

Changing rooms and lockers are available for swimmers at the venue in the changing rooms. Please respect the separation of changing areas for male and female athletes. Showers and accessible toilets can be found in the changing village also.

Call Rooms

Call Rooms will be in operation, it is the responsibility of the athlete to report to the Call Room no later than 15 minutes prior to the scheduled start of their event. Swimwear (caps, goggles, and swimsuit) will be checked in accordance with the IPC Swimming Rules and Regulations.

Athletes will be escorted from the Call Room onto the pool deck.

On exiting the pool deck after their event, athletes are to pick up their accreditation passes from the Collection Area.

Mixed zone

All athletes must go through the mixed zone following their event(s).

Athletes and Team staff seating

A specified number of seats for accredited NPC team members will be made available on the pool deck. Please see the venue plans for location.

A separate coaches pen will also be available for competing athlete coaches.

We kindly ask the teams to respect the need of a clear pool deck during the competition times by ensuring that only competing athletes and their support staff are on the pool deck.

Team preparation areas

The sports hall area of the venue has been allocated for team preparation areas. This cool private area away from competition can be used by teams for relaxing as well as massage. These areas can be purchased for £200 and include:

- Carpeted & Draped 30 square meter area
- Power 2x 13 amp Sockets
- Wifi
- 4x Chairs

For space please apply to the LOC at natasha.cuthbert@swimming.org by 1 June 2015.

A separate massage area will be provided for teams that do not purchase the team prep area.

Lactate measurement

Lactate testing will be possible in accordance with the IPC Swimming Rules and Regulations (see also [Swimming – Downloads & Forms](#)). Only NPCs approved by IPC in advance will be eligible to conduct lactate testing. Completed forms are to be submitted to ipcswimming@paralympic.org by 1 June 2015.

Testing will be possible only within the designated area. The designated area will be shown to the approved NPC by the TD. Medical waste bins and sharps containers will be provided by the LOC to dispose of used medical materials in the appropriate and prescribed manner.

Race analysis / video recording

Race analysis will be possible in accordance with the IPC Swimming Rules and Regulations. Only NPCs approved in advance by IPC Swimming will be eligible to conduct race analysis. Filming will be possible only from the designated area. There will be two accreditation cards provided for each approved team to access the designated area. The application for approval will be circulated in advance. Completed forms are to be submitted to ipcswimming@paralympic.org by 1 June 2015.

Ice baths

NPCs can bring their own ice-baths to be placed adjacent to the training pool. For space please apply to the LOC at natasha.cuthbert@swimming.org by 1 June 2015. If the Ice baths require power please make sure they are UK 3 pin plug compatible.

Medals

Medals will be awarded to the first three (3) athletes finishing the event (regardless of the sport class). Only one (1) set of medals will be awarded for each event, independent of the number of classes swimming-up in the single sport class event.

In the exceptional case an event is completed by only three (3) or fewer swimmers medals will be awarded following the “minus one rule”.

It is the Team Leader’s responsibility to ensure the athlete is in the Protocol Room in a timely manner, to attend the medal ceremony. Athletes will be briefed about the medal ceremony procedures in the Protocol Room. No flags or other national symbols (other than the team uniform) are allowed on the medal podium.

All team members will receive a participation certificate.

Athlete uniform

All Team Uniforms and personal equipment must follow the IPC Swimming Rules and Regulations. All athletes are requested to wear their full Team Uniform when participating in medal ceremonies. Closed shoes are required (no flip-flops, clogs, etc. are allowed).

Sport Information Desk (SID)

A Sport Information Desk will operate at the competition venue on the days of competition, as well as during any scheduled training sessions. It is the primary and only point of distribution for all Championships related information including the following:

- Distribution of start lists for the NPCs;
- Official communication with teams;
- Official forms distribution (Relay Entry form, Protest form, Medical withdrawal form);
- Liaison between teams and LOC / IPC Swimming.

Results can be accessed via the Championships website, additionally they can be provided electronically at the IPC Swimming office after renting an IPC Swimming USB stick or by bringing along your own memory stick.

Access to the Sport Information Desk will be restricted to two accredited team officials per NPC via their “Sport Information Collection Pass”. This pass is authorising the bearer to collect official information and mailings from the Sport Information Desk on behalf of their NPC.

Opening and Closing Ceremony

The Opening Ceremony will be held on the 13 July and will take place prior to the start of the finals session. The Closing Ceremony will be held on 19 July after the completion of the last session.

Further information on ceremonies will be provided to teams upon arrival.

Technical Meeting

The Technical Meeting will be held on **Saturday, 11 July at 14.00** at Tollcross International Swimming Centre). Only two representatives of each NPC can attend the Technical Meeting. The meeting will be conducted in English.

Swimsuit check and equipment approval

NPCs are requested to present the starting and tapping devices for approval to IPC Swimming representatives after the Technical Meeting.

IPC Swimming International Technical Officials will be available in the mornings of Saturday 11 July and Sunday 12 July at the competition venue to check swimsuits / goggles etc.

Sport Entries and Competition Criteria

Please see also the Competition Criteria on the [Championships website](#).

Entry Timelines

- 25 May 2014 Start of the period for swimmers to achieve MQS performances
- 6 April 2015 Open of Online Entry System for Entry by Number per Event
- 20 April 2015 Deadline for Entry by Number per Event (NPCs will be invoiced based on the numbers provided in this entry, no withdrawal is possible after this entry deadline)
- 11 May 2015 Opening of Online Entry System for Entry by Name per Event (final entry). There can be max. 15% increase of total athlete number compared to Entry by Number.
- 11 May 2015 Deadline to apply for Wild Card
- 25 May 2015 End of the period for swimmers to achieve MQS performances
- 28 May 2015 Deadline for Online Entry by Name per Event (final entry deadline). No changes in the entries will be accepted after this date.

Swimmers Eligibility

To be eligible for selection by an NPC for the 2015 IPC Swimming European Championships (50m) swimmers must:

- hold an active IPC Swimming license for the 2015 Season
- have achieved a Minimum Qualification Standard (MQS) at an IPC Swimming Recognised 50m Competition for the respective event between 25 May 2014 and 25 May 2015 (times are only recognised if the athlete was licensed at the time of the achievement or has a recognised split time record in the same stroke)
- be classified with a "Review" (R) or "Confirmed" (C) sport class status

The qualification rankings for the 2015 World Championships with a list of all qualified athletes are included in the [IPC Swimming Rankings](#).

For relay events there are no MQS times, the teams can be entered without previously achievement (they will be seeded with 'no time'). NPCs that have a time for those events from the qualification period can enter this result in the final entries.

Competition Format

The 2015 IPC Swimming World Championships (50m) will be conducted by the Single Class competition format. Only events that meet the Event Viability Criteria outlined below after the Entry by Number will be included in the Final Event Programme. Sport classes without a viable event will be able to "swim up" to the nearest single class event included in the Programme. These sport classes will be considered Eligible Classes for the respective single class event, and medals will be not allocated separately for these Eligible Classes.

The athletes will compete in qualifying preliminaries in the morning (10 lanes will be used) with finals being conducted in the evening (eight lanes will be used). For all S11 only events heats will use 8 lanes only. The eight swimmers with the fastest times of all heats of one event will compete in the finals.

Depending on the number of entries, events with eight or less entries will be conducted as direct finals. Medal ceremonies will still take place during the evening session.

Event Viability Criteria

Individual events will be considered viable if they have a minimum of six (6) eligible swimmers from three (3) NPCs entered through the Entry by Number. For classes S1-2 five (5) eligible athletes from two (2) NPCs through Entry by Name is required.

Relay events will be considered viable if they have a minimum of four (4) eligible NPCs entered through the Entry by Number.

Maximum Entry per NPC

NPCs can enter a maximum of three (3) eligible swimmers per medal event if all have met the MQS or MET. If there is more than one eligible class in the single sport class event, a maximum of six (5) swimmers per event can be entered per each NPC. However, only a maximum of three (3) swimmers per each eligible sport class can be entered if all met the MQS or MET.

NPCs can enter their athletes that have met at least one (1) MQS in an unlimited number of events providing they meet the Minimum Entry Time (MET) for the additional events.

Rules and Regulations

For the 2015 IPC Swimming World Championships the current IPC Swimming Rules and Regulations apply. They can be found on the IPC Swimming website (see [Swimming – Rules & Regulations – Rules](#))

5. Classification

Classification will be conducted in accordance with the IPC Swimming Classification Rules and Regulations. During the classification period from 10-12 July classification for athletes with physical, visual and intellectual impairment will be provided.

Classification for swimmers with physical impairment will be conducted at the competition venue, while the venue for swimmers with visual or intellectual impairment will be confirmed shortly. The LOC will ensure transportation to the designated venues.

The classification schedules will be circulated to the NPCs after the final entries are closed and athletes who are required to be classified should schedule their travel in order to be present on the first day of classification (10 July).

NPCs can check their athletes' classification information on-line at [Swimming - Rules and Regulations - Classification - Masterlist](#).

The classification schedules will be posted on the IPC Swimming website at [Swimming - Rules and Regulation - Classification - Classification Opportunities](#).

If a competitor does not attend classification and/or a classification protest when requested he/she may be disqualified from the competition or competing further.

6. Medical and Anti-Doping Information

Anti-Doping

Doping control will be conducted in accordance to the IPC Anti-Doping Code.

All athletes may be subject to Doping Control sample collection and testing throughout the Championships in accordance with IPC Anti-Doping Rules. Both in and out of competition testing will be conducted.

If an athlete is selected for testing in competition, a chaperone will be in a possession of the athlete's accreditation card and escort the athlete until the testing has been completed.

Medical service at the venue

Medical services will be provided at the official competition venue. There will be a Medical Officer at the emergency medical room, equipped with all first aid materials.

The Medical Officer will be responsible for medical arrangements for the competition and will supervise medical support, which includes recording all injuries and diseases, and authorising medical withdrawals if needed. They will also supervise the emergency medical room including all essential first aid equipment and materials.

The Medical Officer will act as liaison for visiting team physicians with laboratory facilities, emergency treatment, necessary hospitalisation and obtaining necessary medications and will act as physician for competitors whose teams have no team physician.

First aid and limited medical facilities will be available at the First aid / Emergency room located on the pool deck level.

Please note for the competition venue there is a special emergency plan. In case of an emergency please do not call 999 but make yourself known to the appointed pool staff or a volunteer. In case of a medical emergency, the Chief Medical Officer will organise transportation of the affected person. Information on location of medical facility and notification of required team support will be applied by the Sport Information Desk and can be found in the medical plan.

NPCs that have medical personnel travelling with them are reminded to ensure that all of the NPCs medical staff has appropriate medical insurance and are enabled to conduct medical treatment within the UK.

Lifeguards will be on duty during both the competition and all training sessions.

Insurance

The NPC Delegation members are obliged to have their own travel and medical insurance for the duration of their stay in the UK, including repatriation.

In the UK, with regards to transportation, it is not required that individuals in wheelchairs must be tied down in wheelchair accessible buses. Therefore it is the

The LOC will provide basic medical services at the official Championships venue.

7. Glasgow at a Glance

Glasgow, Scotland; UK.

Glasgow, with a population of around 600,000, is Scotland's largest city and is the commercial capital of Scotland. It is the UK's largest retail centre after London.

Situated in the Central Belt of Scotland on the west coast it is easily accessible by road, rail and air. The City is situated on the banks of the River Clyde, at the heart of Scotland's only conurbation. It is Scotland's principal commercial centre and one of the United Kingdom's main regional retail and main

office centres. Glasgow is one of Europe's top 20 financial centres and is home to many of Scotland's leading businesses.

The city houses many wonderful municipal art galleries and museums, first class sports and leisure facilities; excellent theatres; an array of restaurants, pubs and clubs; and beautiful parks. Spectacular countryside and coastal views are within easy reach and the city is only 42 miles from Scotland's capital city of Edinburgh.

Health Information:

A high standard of hygiene is generally enjoyed throughout the UK and specific precautions need not be taken.

Generally, visitors can access emergency health care whilst in the UK. However, visitors should ensure that they travel with adequate insurance and, prior to departure from their home country, they have confirmed all relevant documents are up to date. Tap water may be used for drinking as well as general hygiene and domestic purposes. For those who enjoy mineral water, this is widely available in shops, bars and restaurants.

Electrical Supply:

The standard voltage throughout the UK is 240v AC, 50 Hz. A three square –pin adapter plug would be required to connect to the domestic power supply.



Language:

English is the official language spoken throughout the United Kingdom.

Currency:

Sterling is the accepted currency. Euros and traveller cheques are not generally accepted. Credit cards are widely used.

The local currency is the Great Britain Pound (GBP). There are 100 pence (p) to one pound (£).

Notes come in £5, £10, £20 and £50 denominations. Coins come in 1p, 2p, 5p, 10p, 20p, 50p, £1 and £2 denominations.

Banks:

There are an abundance of ATMs (cash point machines) throughout the city that accept international cards. There is also an ATM at Tollcross International Swimming Centre Please check that your home bank is linked to the UK banking system.

Visa, MasterCard and American Express are widely accepted throughout UK at shops, restaurants and other outlets.

VAT:

Value Added Tax (VAT) is a 20% tax charged on most goods.

If you intend to leave the UK for a final destination outside of the EU you may be able to reclaim VAT on goods purchased.

This scheme is operated in specified tax-free shops, typically advertised as "Tax Free Shopping". You will also need to show your goods, receipts and your passport to customs officials at the airport.

For more information please see the HM Revenue and Customs website at www.hmrc.gov.uk

Dialling Codes:

To call overseas from the United Kingdom, first dial 00 then the country code.

To call the United Kingdom from overseas, first dial your international access code, then the UK code 44. The city code for Glasgow is + 44 (0) 141

Smoking regulations:

On 1 July 2007 the United Kingdom introduced new smoking regulations. It is now illegal to smoke in any enclosed public place. This includes bars, cafés, restaurants, nightclubs, shopping centres and on public transport, as well as station platforms and sports stadiums.

Tollcross International Swimming Centre is strictly a non-smoking venue.

Want to find out more about Scotland? Go to: www.visitscotland.com

Appendix 1: Competition Schedule

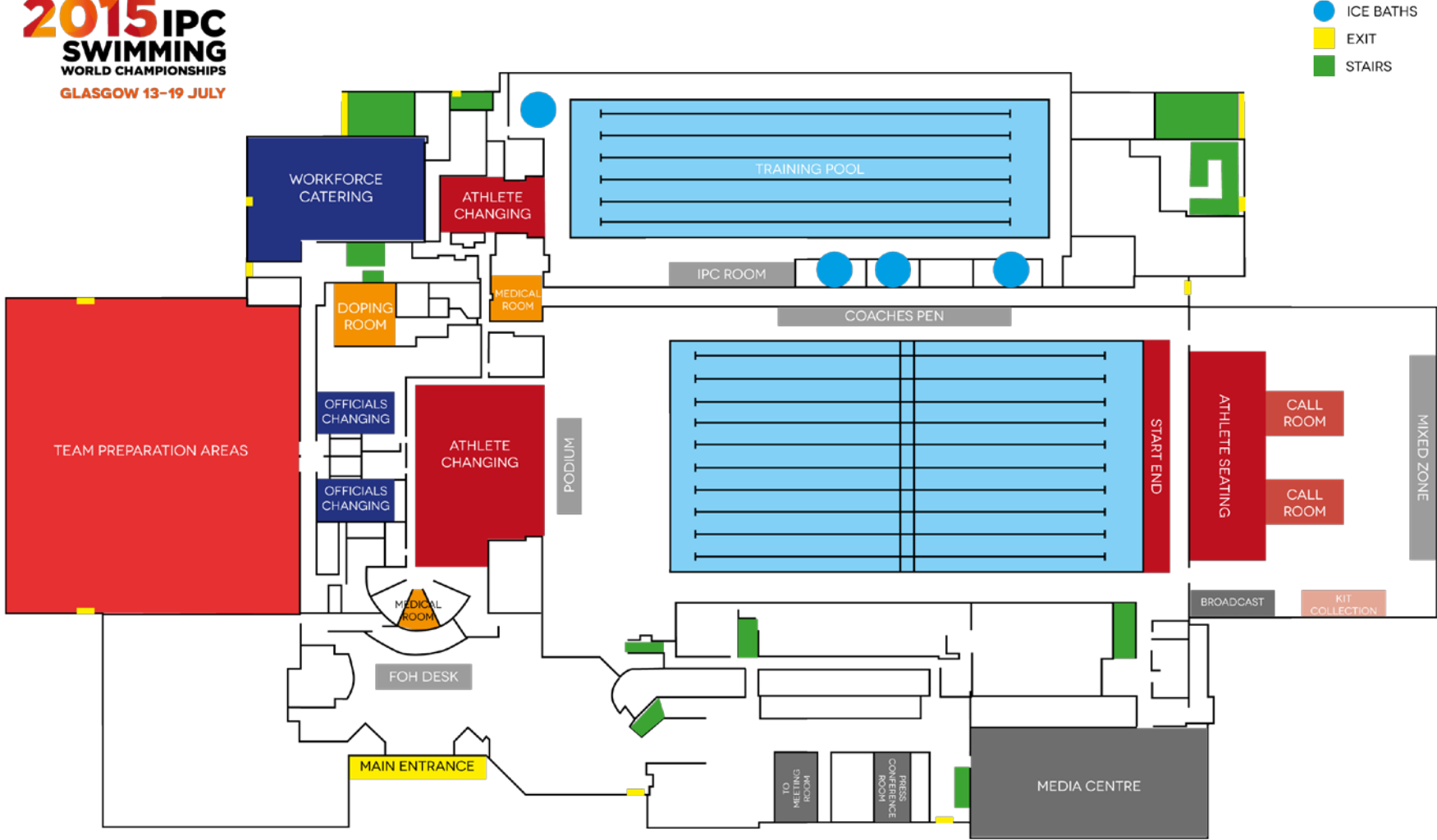
2015 IPC Swimming World Championships Programme
13 - 19 July 2015
Tollcross International Swimming Centre, Glasgow, Great Britain



DAY 1		DAY 2		DAY 3		DAY 4		DAY 5		DAY 6		DAY 7	
1	Men's 100m Freestyle S7	22	Men's 100m Breaststroke SB5	44	Men's 100m Backstroke S11	65	Men's 400m Freestyle S13	86	Men's 400m Freestyle S8	108	Men's 100m Backstroke S6	131	Men's 400m Freestyle S10
2	Women's 100m Freestyle S7	23	Women's 100m Breaststroke SB5	45	Women's 100m Backstroke S11	66	Women's 400m Freestyle S13	87	Women's 400m Freestyle S8	109	Women's 100m Backstroke S6	132	Women's 400m Freestyle S10
3	Men's 100m Breaststroke SB14	24	Men's 100m Backstroke S1	46	Men's 400m Freestyle S7	67	Men's 100m Freestyle S8	88	Men's 100m Butterfly S10	110	Men's 400m Freestyle S9	133	Men's 100m Freestyle S6
4	Women's 100m Breaststroke SB14	25	Men's 100m Backstroke S2	47	Women's 400m Freestyle S7	68	Women's 100m Freestyle S8	89	Women's 100m Butterfly S10	111	Women's 400m Freestyle S9	134	Women's 100m Freestyle S6
5	Men's 200m Freestyle S3	26	Women's 100m Backstroke S2	48	Men's 100m Breaststroke SB9	69	Men's 200m IM SM11	90	Men's 200m IM SM6	112	Men's 100m Backstroke S7	135	Men's 50m Freestyle S8
6	Men's 200m Freestyle S4	27	Men's 200m IM SM13	49	Women's 100m Breaststroke SB9	70	Women's 200m IM SM11	91	Women's 200m IM SM6	113	Women's 100m Backstroke S7	136	Women's 50m Freestyle S8
7	Men's 100m Freestyle S11	28	Women's 200m IM SM13	50	Men's 100m Backstroke S13	71	Men's 100m Backstroke S10	92	Men's 100m Butterfly S9	114	Men's 100m Freestyle S10	137	Men's 50m Backstroke S2
8	Women's 100m Freestyle S11	29	Men's 100m Breaststroke SB6	51	Women's 100m Backstroke S13	72	Women's 100m Backstroke S10	93	Women's 100m Butterfly S9	115	Women's 100m Freestyle S10	138	Women's 50m Backstroke S2
9	Men's 50m Backstroke S5	30	Women's 100m Breaststroke SB6	52	Men's 200m Freestyle S5	73	Men's 200m IM SM7	94	Men's 50m Freestyle S11	116	Men's 100m Backstroke S8	139	Men's 50m Freestyle S7
10	Women's 50m Backstroke S5	31	Men's 100m Freestyle S9	53	Women's 200m Freestyle S5	74	Women's 200m IM SM7	95	Women's 50m Freestyle S11	117	Women's 100m Backstroke S8	140	Women's 50m Freestyle S7
11	Men's 50m Freestyle S13	32	Women's 100m Freestyle S9	54	Men's 200m IM SM8	75	Men's 100m Freestyle S4	96	Men's 50m Butterfly S7	118	Men's 100m Freestyle S13	141	Men's 50m Backstroke S4
12	Women's 50m Freestyle S13	33	Men's 100m Breaststroke SB7	55	Women's 200m IM SM8	76	Men's 50m Freestyle S9	97	Women's 50m Butterfly S7	119	Women's 100m Freestyle S13	142	Women's 50m Backstroke S4
13	Men's 50m Freestyle S10	34	Women's 100m Breaststroke SB7	56	Men's 100m Backstroke S12	77	Women's 50m Freestyle S9	98	Men's 200m IM SM14	120	Men's 100m Breaststroke SB4	143	Men's 200m IM SM9
14	Women's 50m Freestyle S10	35	Women's 100m Freestyle S3	57	Women's 100m Backstroke S12	78	Men's 50m Freestyle S6	99	Women's 200m IM SM14	121	Women's 100m Breaststroke SB4	144	Women's 200m IM SM9
15	Men's 100m Butterfly S8	36	Men's 400m Freestyle S11	58	Men's 150m IM SM3	79	Women's 50m Freestyle S6	100	Men's 100m Breaststroke SB13	122	Men's 200m Freestyle S2	145	Men's 100m Butterfly S13
16	Women's 100m Butterfly S8	37	Women's 400m Freestyle S11	59	Men's 150m IM SM4	80	Men's 50m Butterfly S5	101	Women's 100m Breaststroke SB13	123	Men's 100m Breaststroke SB11	146	Women's 100m Butterfly S13
17	Men's 100m Backstroke S9	38	Men's 200m IM SM10	60	Women's 150m IM SM4	81	Women's 50m Butterfly S5	102	Men's 50m Freestyle S5	124	Women's 100m Breaststroke SB11	147	Men's 100m Freestyle S5
18	Women's 100m Backstroke S9	39	Women's 200m IM SM10	61	Men's 200m Freestyle S14	82	Men's 50m Backstroke S1	103	Women's 50m Freestyle S5	125	Women's 200m IM SM5	148	Women's 100m Freestyle S5
19	Men's 400m Freestyle S6	40	Men's 100m Breaststroke SB8	62	Women's 200m Freestyle S14	83	Men's 50m Freestyle S3	104	Men's 50m Breaststroke SB2	126	Men's 50m Backstroke S3	149	Men's 100m Backstroke S14
20	Women's 400m Freestyle S6	41	Women's 100m Breaststroke SB8	63	Men's 50m Butterfly S6	84	Men's 100m Breaststroke SB12	105	Men's 50m Breaststroke SB3	127	Women's 50m Backstroke S3	150	Women's 100m Backstroke S14
		42	Men's 50m Freestyle S4	64	Women's 50m Butterfly S6			106	Women's 50m Breaststroke SB3	128	Men's 50m Freestyle S12	151	Men's 100m Butterfly S11
		43	Women's 50m Freestyle S4							129	Women's 50m Freestyle S12		
21	Mixed 4x50m Freestyle Relay 20points					85	Women's 4x100m Freestyle Relay 34points	107	Men's 4x100m Freestyle Relay 34points	130	Men's 4x100m Medley Relay 34points	152	Women's 4x100m Medley Relay 34points

The events are single class events (with eligible classes in the brackets).
The list of events may change due to final entries.

Appendix 4: Floor Plan Lower Level



Appendix 5: Floor Plan Upper Level

