



Rights and Responsibilities of an athlete

All athletes have rights and responsibilities relating to Drug Testing in Sport.

- Did you know you have the right to request to see the tester's ID card - if the tester does not have their ID card, you have the right to refuse testing, however ensure you complete paperwork with the tester to this effect
- Bring a representative to accompany you during the sample collection
- Bring an interpreter to accompany you during the sample collection (if necessary)
- Be offered a choice of sample collection equipment including sample collection vessel and kits
- Request information regarding the sample collection procedure
- Request modifications to the sample collection procedure if required, i.e. for athletes under the age of 18 or for athletes with an impairment
- If you have restricted mobility or restricted manual dexterity, you may ask the athlete representative or the DCO to assist you when handling equipment, splitting the sample, or completing paperwork.
- Athletes with significant lack of coordination may use a larger collection vessel if available.
- Athletes with visual impairment may be accompanied by an athlete representative at all times during the sample collection procedure, including in the washroom area; however the representative will not witness the passing of the sample. The athlete representative or the DCO may read the doping control form to you, and you may ask the athlete representative to sign the doping control form on your behalf.
- Athletes with an intellectual disability may be accompanied by an athlete representative at all times during the sample collection procedure, including in the washroom area; however the representative will not witness the passing of the sample.
- Athletes using condom drainage or indwelling catheter drainage should remove the existing collection bag and drain the system so that a fresh sample can be obtained.
- Athletes who self-catheterize may use their own catheter to provide a sample (this catheter should be produced in tamper evident wrapping), or use one provided by the DCO if available.
- Record comments about the sample collection procedure on the Doping Control Form
- Receive copies of all documentation you have signed



You also have responsibilities relating to Drug Testing in Sport:

You must stay within sight of a tester at all times until you have provided your sample and are permitted to leave

- Comply with the sample collection procedures and that the first sample you provide, after notification, is at the Doping Control Station and that you retain control of your urine sample until it is securely sealed
- You should avoid excessive re-hydration as there is a requirement to produce a sample with a suitable Specific Gravity for analysis
- Report immediately for a test unless there is valid reason for a delay
- You should produce identification such as a valid Passport
- You must co-operate with the testers during the sample collection procedure
- If you choose to consume food or fluids prior to providing a sample it is at your own risk.