



International
Paralympic
Committee

Poland: 10 facts on the Sochi 2014 Paralympics

The cross-country skiing power house will head to Sochi with a strong team once again.

- Poland has won 11 gold medals and 44 total medals in its Paralympic Winter Games history.
- Poland has won at least one medal at every Paralympic Winter Games since 1984.
- Cross-country skiing is by far Poland's most successful sport, with all 11 gold medals and 36 of the total medals coming in this sport.
- The remaining eight medals – all bronze – were won in alpine skiing (seven) and biathlon (one).
- Poland's best Paralympic Winter Games was in 1984, when the still-standing Polish record of three gold medals and 13 total medals at one Games were established.
- Poland's most successful winter Paralympian is Marcin Kos, who won four gold medals and seven total medals in cross-country skiing from 1988 to 1994.
- More recently, Katarzyna Rogowiec, who competes in both cross-country and biathlon, has been the biggest Polish name in winter Paralympic sports. At the 2006 Paralympic Winter Games she won two cross-country gold medals, and in 2011 she won six world championship medals in the two sports, including one cross-country skiing gold.
- At Vancouver 2010, Poland won only one medal – bronze to Rogowiec in the 15km cross-country skiing's freestyle standing.
- At the Paralympic Games, Poland has won 254 gold medals and 692 total medals, which rank ninth and eighth, respectively, among all NPCs.
- Follow the Polish Paralympic team on Facebook <https://www.facebook.com/pages/Polski-Komitet-Paraolimpijski/214793951891228>

Athletes:

Alpine skiing

First Name	Last Name	Twitter	Facebook
Michal	KLOS		
Maciej	KREZEL		
Igor	SIKORSKI		
Andrzej	SZCZESNY		https://www.facebook.com/pages/Andrzej-Szcz%C4%99sny/208554845824464?fref=ts



Rafal	SZUMIEC		
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Snowboard

First Name	Last Name	Twitter	Facebook
Wojciech	TARABA		

Nordic skiing

First Name	Last Name	Twitter	Facebook
Kamil	ROSIEK	@KamilRosiek	
Witold	SKUPIEN		

Paralympic Winter Games debut: 1976

Year	1976	1980	1984	1988	1992	1994	1998	2002	2006	2010
Athletes	7		16	18	13	15	26	14	10	12
Gold	0		3	1	2	2	0	1	2	0
Silver	0		2	1	0	3	0	0	0	0
Bronze	0		8	6	3	5	2	2	0	1
Total	0		13	8	5	10	2	3	2	1